



Official Newsletter Of The



The Flyer

The Official Newsletter of the Coffs Coast Fly Fishing Club August 2019

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Above: These Eurasian Coots were called a few other nasty names after they were mistaken for rising trout at Dunmore Trout Waters. Photo courtesy Chris Wynne.

Cover: Tom Trefz is all smiles having caught and released this well conditioned rainbow from Dunmore Trout Waters.

Editorial

As we enter our fourth full year I am pleased to report we have filled all executive and committee positions and it's full steam ahead for another exciting year at the club. I am sure I speak on behalf of all members when I thank those who have been involved in leading the club over the last few years. To those who have taken on a new leadership role your support is appreciated.

Our new Committee will convene before the August General Meeting to start planning for 2020. We are particularly keen to put together our calendar of outings so that people can plan ahead if they want to get involved. We will continue with regular local outings but would like to put one or two major trips on the agenda. If you have any ideas for outings, long or short, make sure you let a Committee person know.

The other major task of the Committee will be to plan for future meetings so that we always have something interesting and informative happening (except for AGMs perhaps!) Where possible we would like the Committee to take care of the routine business of running the club and devote our meetings to "sharing, learning and having fun". Think about what you would like to do at meetings and make sure you pass on your views to a member of the Committee.



Recently I had coffee and a chat with the editor of the Hunter Valley Fly Club's newsletter. We were fishing for salmon in Swansea Channel but it was one of those days when the salmon didn't want to play ball so we had time to have a coffee and swap stories about being a club newsletter editor. We had a lot of common issues. Jeff told me it takes about 20 hours a month to compile his newsletter. He has more success than I do in extracting reports and articles from his members but it is always a challenge to come up with content each month. Jeff and I wondered if it was worth the effort to produce a monthly newsletter but we both came to the conclusion that it was essential to keep everyone informed and spread the word.

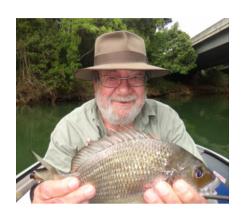
I don't know how many people read our newsletter but I hope it is keeping you informed on the happenings at the club and motivating you to get out fishing. You can help by submitting stories or reports or anything you feel will contribute to the cause.

Editor

Club Executive 2019-20



Doug Urquhart President



Kevin Cosgrove Vice President



Allan Ekert Secretary, Public Officer and Newsletter Editor



Walter Krainik Treasurer



Rod Leane Assistant Secretary



Don Cummings Committee



David Moppett Club Captain



Glenn Colquhoun Committee



Brian Bevan Committee

August Meeting

The next General Meeting will be held on Monday 19^{th} August at 7.30pm at the Boambee East Community Centre. It will be a Pizza and Movie Night.



The Pizza will be courtesy the Club and the films will be courtesy Hurley's Fly Fishing. You will get some free pizza slices for supper and the chance to watch two films featuring New Zealand and Christmas Island.

You won't get away scot free as we will still be having the usual raffle to pay for the hall hire. Tea and coffee will be available.

The doors will open at 7.00pm and the pizzas will probably be all gone if you arrive much after our usual starting time of 7.30pm.

We are grateful to Gavin Hurley of Hurley's Fly Fishing for providing the films for us to show. You can find out more about Hurley's travel, guiding and online retail business on pages 24-26 of the newsletter or by visiting:

https://www.hurleysflyfishing.com.au/

https://www.hurleysflyfishing.com.au/product-category/fly-fishing-adventures/



Committee Meeting

The new Committee will be meeting in the hall from 5.30pm on Monday 19th August. We will be putting together our calendar of outings for 2020 so that people can plan ahead if they want to get involved. We will also be discussing ideas for club activities and meetings. If you have any ideas, make sure you let a Committee person know (see *Suggestions* on page 11) A detailed agenda will be sent to all Committee members before the meeting.

August Outing

The outing for August will be another visit to our Homewaters on Saturday 10^{th} . You can launch wherever and whenever you like but we plan to meet back at the Urunga ramp at 12.30pm for lunch. A boat or kayak will make life easier but for those without there will be opportunities to share a ride or be taken to some flats for wading.



You must register for this outing so you can be contacted with further details. You can register by placing your name on the outings sheet or contacting the secretary. The target species will be bream, flathead and luderick. Information regarding equipment, flies and other details will be emailed to those registered.

Swansea Salmon Classic

This great event is hosted by the Hunter Valle Fly Fishers Club and will be held from 23-25 August. Entries are limited and the fee of \$110.00 covers all meals from Friday night to Sunday morning but does not include accommodation. For further information and to book contact: Cherie Blackburn 0410 555 019



Spey Casting Day



The Brisbane Fly Fishing Club is hosting a Spey Casting Day with Shaun Ash from Fly Casting Queensland. Shaun will be covering single and double handed spey casting and will bring along a number of double hander rods for those who don't have one. If anyone is interested in attending it will be held on Sunday 1st September at Bullocky Rest Forgan Road, Joyner Qld. For more information or to register, BFFC can be contacted via their Facebook Page at:

https://www.facebook.com/BrisbaneFFC/



Nick Reygaert from the Rise Film Festival will be visiting Coffs on Tuesday 6th August. We have arranged to catch up with Nick over a meal and watch a movie from the Rise Fly Fishing Festival. All members and friends are invited to attend. It will be held at the North Beach Bowling Club at Mylestom. We will meet at 6.00pm for dinner and then we will adjourn to the Osprey Room to watch one of the Rise films and talk to Nick and his father. It will be an interesting night and all members and friends are encouraged to attend. The only costs will be your meal.

https://www.surfsidepizza.com.au/menus-1

It is essential you RSVP if you are going.

Nick Reygaert is the man behind Gin-Clear Media. He is world renowned for producing some of the best fly fishing films of all time, e.g. the Trout Bum Diaries, and then his own films such as THE SOURCE Movies, HATCH, PREDATOR, LEVIATHAN and the BACKCOUNTRY films.



In 2006, Nick initiated the RISE Fly Fishing Film Festival in New Zealand and Australia. He lives in a small town in New Zealand called Te Anau.



The Rise Fly Fishing Film Festival is <u>not</u> coming this year but you are invited to join the Coffs Coast Fly Fishers and meet Nick Reygaert and watch one of the feature films.

Tuesday 6th August 2019 North Beach Bowling Club Mylestom 7.00pm

All Welcome Free Admission

You are also invited to join members of the Coffs Coast Fly Fishers over a meal at the Club before the screening of the film. Starting time is 6.00pm and you will need to pay for your own meal. RSVP is essential.

For more details or to register your attendance phone:



Allan 0427457725 David 0411723221

Email: ccffc@tpg.com.au



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Membership Fees Due Now

Membership fees are now due. The fees for 2019-2020 are:

- > Adult membership \$30
- Concession membership \$20
- > Junior membership free
- > eMembership free.

The membership year runs from 1^{st} July to 30^{th} June. If paying membership after December fees will be reduced by 50%.

- ¹ Concession membership is available to senior cardholders, pension card holders (including disability support and aged), Centrelink and Veterans Affairs cardholders.
- ² eMembership replaces Distant Membership and is available to anyone not wanting to attend meetings or events but still retain the other benefits of club membership. eMembers are not covered by Club Insurance. eMembers wanting to participate in an event or meeting must pay to become full members.
- ³ Junior membership is available to anyone attending primary or secondary school.

Payment of Fees:

The preferred method for paying fees is via a direct deposit. This greatly reduces the work of the treasurer so it would be appreciated if members could pay this way.

Direct deposit:

BSB 062-678

Account Number: 10333424

Name: Coffs Coast Fly Fishing Club Inc

Reference: Your surname

If you are making an electronic deposit please send an email to ccffc@tpg.com.au to indicate you have paid as we do not have online access to our account. When depositing make sure you include your surname in the Reference section. e.g. **Ekert Membership**.

You can also pay your fees in **cash** or by **cheque** at the next meeting (cheques made payable to Coffs Coast Fly Fishing Club Inc. or post cheques to:

The Secretary Coffs Coast Fly Fishing Club 11 Butterfly Close Boambee East NSW 2452

eMembers

eMembership is free so there is no need to remind those who have joined the club in this way to pay their fees. Currently we have 46 people who have signed up as an eMember; been granted eMembership because of their support of the club; or have expressed an interest in receiving the newsletter.

eMembership stands for electronic membership and that simply means you receive a newsletter and relevant emails to be kept informed on what is happening at the club. eMembership does not cost the club anything so we don't charge anything. If an eMember wants to attend a meeting or an outing we will ask them to pay and become a full member so that they are covered under the club's public risk insurance scheme.

We run an "opt out" system for eMembers. Unless you inform us you no longer want to receive electronic communications you will be kept on the list and continue to receive regular newsletters.

Clarence River Gorge

There's still time to register for the outing to the Clarence River Gorge from Friday 20^{th} to Sunday 22^{nd} September. We will be staying at "The Gorge"

(http://theclarencegorge.com/index.html)

You can choose to camp or stay in "The Shack". Places are limited so you must book. To book your place you will need to pay a deposit by the August meeting.



The cost will be about \$30 per person per night (depending on numbers). Catering will be discussed at the next meeting.

Bass will be the target species and you will be able to fish for them from the bank or boats and canoes.

For more information or to register contact the Secretary or put your name on the outings sheet at the next meeting.



Estuary Fly Fishing Workshop

On Saturday 14th September there will be a workshop for those who want to learn about fly fishing the estuaries. It will be land based from Mylestom but we will use boats to ferry people to the sand flats in the afternoon for some wade fishing.



The morning session will start with casting instruction and how to increase your distance and cope with the wind. Rod and line selection will be discussed and you will get a chance to try some different outfits included doubled handed rods. There will be information sessions on fly selection, rod setup and techniques for different estuary species. The course will be conducted by experienced club members and two Internationally Certified casting instructors. There will be a cost of \$25 which will cover morning tea, lunch, flies, leaders and tippet. You will also be "quided" by an experienced club member while you fish the sand flats in the afternoon. The course will be limited to 12 people and junior members will be most welcome if accompanied by an adult. For more information or to register contact the Secretary or put your name on the outings sheet at the next meeting.

Here's your chance to START fly fishing ...





Estuary Fly Fishing Workshop

Saturday 14th September 2019

North Beach Mylestom

8.30am to 5.00pm **Cost \$25**

Presentation by Freshest

Workshop presentations

- Rod, reel and line setups
- What flies to use
- What species to target
- Tactics for different species

Practical casting sessions

- Basics of fly casting
- Fly casting for distance
- Coping with the wind

- Morning tea and lunch provided.
- Rods, reels and lines available if you need them.
- Led by experienced club members and internationally qualified casting instructors.





New SP fly rod outfits to try and buy from A1Flyfishing





Finish with a fishing session assisted by experienced club members

Places are limited **Contact the Secretary Coffs Coast Fly Fishing Club**

> Phone: Allan Ekert 0427457725 Email: ccffc@tpg.com.au





We are looking for ideas for outings, meetings and ways to grow the club. Here are a few that have been suggested. If you want to comment or put forward your ideas; phone, send an email or talk to a member of the Committee.

THINGS WE COULD DO:

Get involved in the "Fly Program"

Host a workshop for "Cast for a Cure"
Run a weekend fly tying workshop
Invite another club to visit
Host the Rise Film Festival next year
Have another rod building workshop
Have a dinner meeting

PLACES WE COULD GO:

Lake St Clair NSW

Cania Gorge QLD

Proserpine QLD

Borumba Dam QLD

Eungella Dam McKay QLD

Gladstone QLD

Clarrie Hall Dam NSW

Toonumbar Dam NSW

Chaffey Dam NSW

Goulburn River NSW

Eucumbene River NSW

Mitta Mitta River VIC

Jackadgery NSW

Shark Island Macleay River NSW

Club Calendar 2019

Here is the club calendar for 2019. There are still opportunities to make changes and the details will be filled in as the year progresses. Check the monthly newsletter or website for details.

Month	Outings	Activities
JANUARY	No outing this month Casting night at Mylestom starting at 5.00pm on Monday 21 st .	No Fly Tying Club Meeting Monday 21 st
FEBRUARY	Lake Keepit Friday 8 th - Sunday 10 th Cancelled Moonee Creek Saturday 9 th	Fly Tying Monday 4 th Club Meeting Monday 18 th
MARCH	Forster Fly Muster (15 th /16 th /17 th) Bass Bash Saturday 16 th Postponed Ebor Saturday 23 rd Postponed	No Fly Tying Club Meeting Monday 18 th
APRIL	Casting Day Saturday 13 th Home Waters Saturday 27 th	No Fly Tying Club Meeting Monday 15 th
MAY	Trout Workshop Saturday 11 th Home Waters Saturday 25 th	Club Meeting Monday 20 th
JUNE	Bluewater Saturday 22 nd or Sunday 23 rd depending on weather	Fly Tying Monday 3 rd Club Meeting Monday 17 th
JULY	Dunmore Waters Fri 26 th - Sun 28 th	Club Meeting Monday 15 th
AUGUST	Home Waters Saturday 10 th Swansea Friday 23 rd - Sunday 25 th	Club Meeting Monday 19 th
SEPTEMBER	Brisbane Casting Day Sunday 1 st Estuary Workshop Saturday 14 th The Gorge Clarence River Friday 20 th - Sunday 22 nd	Club Meeting Monday 16 th
OCTOBER	Dorrigo trout Weekend Friday 25 th - Sunday 27 th	Club Meeting Monday 21st
NOVEMBER	Urunga Flathead Tournament TBA Home Waters Saturday 16 th	Club Meeting Monday 18 th
DECEMBER	Home Waters Saturday 21 st	No Club Meeting

If you want to organize additional outings don't forget we have a Facebook Group where you can create your own outing. If you are looking for someone to go fishing for a day, weekend or week you can post the information on Facebook and see if any other members would like to join you.











Reflections Holiday Park , Copeton Dam

\$240.00 per person includes:

Tournament Shirt

Teams Brag Mat

Dinner Friday Night

Friday Sponsors Tackle & Technique Talks

Breakfast Sunday Morning

Plenty of Lucky Draws

\$5000.00 Fishing Tackle Lucky Door Prize

Friday, Saturday & Sunday

Starts 6pm | 30th November, 2019



Stick Caddis

In the spirit of co-operation and collaboration that exists between our neighouring fly fishing clubs I pinched this fly tying information from the editor of the Hunter Valley Fly Fishing Club.

When Jeff and I met up at Swansea we talked about another of our common interests – fishing for trout in Tasmania. Jeff sent me some instructions for tying a stick caddis which he found the trout of Arthurs Lake couldn't resist.



With so many stick caddis in the water it is no wonder that trout like eating them. There are many patterns that people use to imitate a stick caddis. This one from Jeff is a winner.



"This is the fly I was telling you about which we use on Arthurs Lake in early December and clean up. We use it as a searching pattern, but works equally as well on a rise. It looks all the world for a damsel nymph in the water, but stick caddis feeders love it worked painfully slow on retrieve. Tied on a long shank #10, tail thinly tied rabbit fur or soft plume feathers of partridge. Body and thorax same partridge soft feather, 2 turns of brown hackle at the head and pull the tip of partridge over the top and trimmed as a thorax over wing."



Jeff also sent some photos of his success with the stick caddis. They brought back fond memories for me of places I have fished. If you are ever in Tasmania, fishing under the power lines towards Cowpaddock Bay on Arthurs Lake is the place to try.







It's not always like that. I have included a couple of photos from my library of the same area over the years. It's all about being in the right place at the right time ... and with the right fly!







Hinchinbrook

Clinton Isaac sent this email yesterday so you had better get in quick if you want to take advantage of the discounted week special.

"Due to a cancellation we have a heavily discounted week on prime tides. These are some of the best permit tides of the year, plus a large variety of other species on offer; Barramundi, queenfish, golden trevally and more!

Date: Arrive 1st October Depart 8th October Price: 7nights/ 6 full days fishing Sole angler \$3500 normally \$6000 Two Anglers \$2000 per angler normally \$3500 per angler

Price includes lodge accommodation/breakfast, lunch/ guiding/ tackle if required. Price does not include flights/ transfers/ dinners/ alcohol.



If you are interested in this special please let me know. We look forward to hearing from you!"

Cheers,

Clinton Isaac /Owner/Guide



www.australianflyfishinglodge.net.au

Ph: 0415 990 270



FLY CASTING SKILLS CHALLENGE PROGRAM Bronze Level 7 ... Distance

When the salmon are busting up 80 feet away and you can't get the boat any closer for fear of putting them down you had better be able to make a good long distance cast. You don't have to be that accurate but you have to get the fly out there. It's in situations like this that distance is paramount and being accurate comes second. So this month let's look at distance casting and its place in the *Fly Casting Skills Challenge Program*.



I have just returned from a few days fishing for Australian Salmon in and around Swansea NSW. Salmon are a great target species on fly as they fight well above their weight, can be sight fished when they are schooling up or busting into baitfish, and usually attack a small fly with gusto. But like all great sportsfish they are never easy. First you have to find them ... and their movements are never predictable. Then you have to approach them with caution as they don't like noisy boats and flashy fly rods disturbing their dinner. Finally you have to find what they are feeding on and "match the hatch". Once you have accomplished all that, it's just a matter of putting your fly near the feeding fish and hanging on.



The big question when chasing salmon is how close can you get before the fish stop feeding? A boat is almost essential if you want to chase them around. You can fish from the beach or headland but that reduces your chances considerably and requires even longer casts. I use 80 feet as the magic number when in a boat as it seems to be a good compromise between staying far enough away and casting far enough to reach. It's also about as far as I can cast on a good day after a big meal of spinach!

When I get around to discussing the final level in the *Fly Casting Skills Challenge Program* you will notice the requirements of a distance cast is only 50 feet. But even if you pass level 7 you are still going to struggle in the real world of saltwater fly fishing. Distance is relative and for trout 50 feet is enough but for salmon you need more. And if you think 80 feet is pushing the limits you might like to take note of some of the world record distances in fly casting. In 2018 Bernt Johansson from Sweden cast a 5wt line on a singled handed rod a distance of 44m (144ft). Geir Hansen from Norway, with an 18ft double handed spey rod, made a cast of 76m (250ft). I can't even run that far!

Let's not get distracted by these world record casting distances and come back to earth with the much more realistic requirements of Level 7. If you fish for trout or bass this is what you should be aiming for. Here's all you have to do to pass and complete level 7 of the *Fly Casting Skills Challenge Program:*

"Starting with the fly at 40 ft., the caster will achieve a distance of 50 ft. or beyond with the fly landing beyond the line tip and within 4 ft. of either side of the measuring tape within 3 attempts. Second and third attempts, if needed, can be started from any point. Hauling and unlimited false casts are allowed. Second and third attempts, if needed, can be started from any point."

To achieve your maximum distance there are few things you have to keep in mind. First you have to use the right equipment. That lovely 3wt bamboo that you use for dry fly work on the streams is not going to be your best choice. In the right hands it will make the 50ft but add some wind and a big fly and it's a struggle. Choose a rod which will carry a heavy enough line to go the distance. For the salmon I use an 8wt but could use something lighter if I didn't mind spending all day walking around the boat trying to land a fish. You can choose any rod you like to complete the *Fly Casting Skills Challenge Program* but I would recommend you stick with the rod you usually fish with. It might be a 5 or 6 if you fish for trout and a 7 or 8 if you fish in the salt.

The line is another important consideration. Competition distance casters use long bellied lines so they can hold maximum amounts of line in the air before shooting. The line of choice for the 5wt distance event is the Scientific Anglers mastery expert distance competition WF5F (actually there is no choice as all casters have to use this line.) With a head of 68 feet this line allows the caster to aerialize more than half the line. It works for maximum distance in a competition on the grass but is not the line of choice in a fishing situation. For the salmon I use a short headed weight forward line and shoot plenty of running line to make the distance. This allows for a short backcast avoiding the issue of hitting other boats, kayak and paddle boards while still achieving a reasonable distance. It's also quicker.

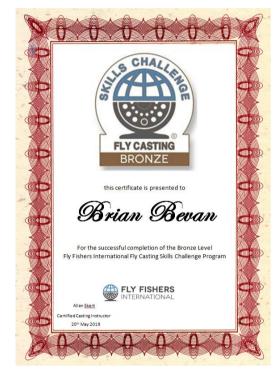
None of this is really relevant for this level of the *Fly Casting Skills Challenge Program* as you only need to cast 50feet and you can do that with any line you use in the fresh or salt. Keep in mind that there are some rules however, and you must use a line with a head of at least 35 feet. This is to stop people from making it too easy by using a short, heavy shooting head. The world record for sea trout distance events with a single handed rod and shooting head is over 200ft (63m). Such an outfit would have little difficulty reaching 50ft.

Now to the cast itself. There are many different styles for casting distance but for 50 feet you won't have to change that much. If you want to explore how competition casters do it there are links to relevant videos at the end. There are three aspects of your cast to concentrate on if you wish to increase your distance. First you need to generate high line speed. This comes from loading the rod by pulling (not pushing) it into a deep bend. Adding a double haul is important although you could make 50ft without hauling. If you adjust your stroke length, arc and pause you will be able to keep the rod tip in a straight line path and generate tight loops. Tight loops are essential for distance and accuracy and you should be able to form them at will. The final aspect of your cast to concentrate on is trajectory. Your back cast and forward cast should be in a straight line to the target. Get all these right you will have no trouble making 50 feet. Get all these right I would be surprised if you are not making 80 feet.

If you have made it this far through the *Fly Casting Skills Challenge Program* you are to be congratulated on your persistence and willingness to improve your casting. The Bronze Level is easy to achieve if you put in the time and practice. For those of you who have worked your way through the levels and met the requirements you can now apply for a certificate of recognition from Fly

Fishers International. If that is too costly (and it is given you need to join FFI first) I am happy to send you a certificate to recognize the effort and commitment you have made.

More important than any certificate, the completion of the *Fly Casting Skills Challenge Program* will open new opportunities to catch fish and enjoy your fly fishing. I urge you to give it a go and reap the benefits.









https://vimeo.com/316932904 (Fly Fishers International)

https://vimeo.com/250943918 (Paul Arden)

https://www.sexyloops.com/flycast/competition-distance-cast/ (Paul Arden competition)

https://vimeo.com/135811541 (Magnus Hedman)

https://www.youtube.com/watch?time_continue=131&v=a2e4ySAOhGA (Mat Howell)

https://www.voutube.com/watch?time_continue=22&v=SuBa1BprBe0 (Steve Rajeff 2009)

https://www.youtube.com/watch?v=cMa6rLpnIeM (World championships 2016)

https://www.youtube.com/watch?v=rRKMMOjlRCA (Tim Rajeff)

https://www.youtube.com/watch?v=xCxEodG3Y9M (World sea trout championships 2018)

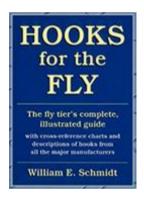
https://www.youtube.com/watch?v=y67WZuVsyqU (Steve Rajeff long)

Trout Hooks

If you have ever tied a trout fly or thought you would like to learn, the first major hurdle has always been understanding hooks. I've been tying for a few years and I still don't know all the answers. For those starting out the task can be daunting.

When I decided to write this article (as no one more knowledgeable has volunteered) I thought the task would be simple.... just recommend a couple of good books and a few video clips.

To my surprise, a Google search only found one book on hooks for fly fishing and it turned out to be expensive and outdated. Hooks For The Fly by William E. Schmidt



Videos were a little more plentiful but did not cover everything you needed to know in one session.

 $\frac{https://www.youtube.com/watch?v=a4p7Bd}{cLvMk}$

https://www.youtube.com/watch?v=aEFFoF
X7FfY

https://www.youtube.com/watch?v=EV6C-FdZsLM

When I started fly tying I had a million questions some of which I still don't know the answer to today. Fortunately, I had people to ask and watch and a fly fishing club that held regular fly tying sessions. Over the years I managed to find the answers to most of the questions but then I discovered saltwater fly fishing and the questions started again.

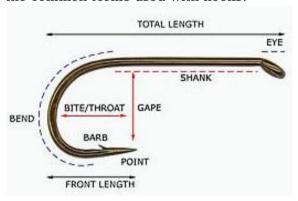
I don't profess to be an expert or to know the answers to the questions you might be asking about tying trout flies but here are some of the questions I had when I started.

Can I use any old hook for trout flies?

A lot of small bait hooks could be used for trout flies but often these hooks are not small enough and the wrong shape. Circle hooks, which are highly recommended for bait fishers, do not work for flies as they are the wrong shape and trout don't usually swallow the hook. Best to stick with designated trout fly hooks as they have been made specifically for the purpose.

What do you call the parts of a hook?

When you want to compare hooks or need to buy something specific from a shop you need to be able to describe what you want. These are the common terms used with hooks.

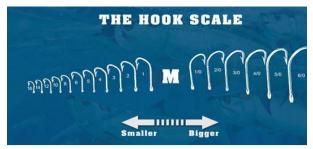


What is the best brand of hook to use?

There's no simple answer and you usually end up finding a hook that matches the shape and size you are after from different manufacturers. The best brand is the one you are confident in. You pay for the quality control in these better known brands. At my fly tying bench I have hooks from Kamasan, Black Magic, Mustad, Daichi, Firehole, Tiemco Partridge and others I can't find under all the mess!

Is a size 32 hook bigger than a size 10?

No. A size 32 hook does exist but it is so small I would find it difficult to tie on. The larger the number the smaller the hook. Most of my trout flies would be tied on a size 12 hook. If I wanted something smaller I would use a size 14 or 16 and conversely something bigger might be a size 10 or 8.



Are all hooks the same shape?

No. Hooks shapes vary to match what is being imitated. Here are some common hook shapes.

Sproat Bend: Sproat hooks are often used in wet flies, soft hackles and bass hooks. Some saltwater hooks have a sproat bend. This bend generally has a small turn or the point is sometimes given an upward slope in the point.



Model Perfect Bend: This shape is usually found on dry hooks and many streamer hooks. It is a round bend and it is sometimes called a Viking Bend also.



Egg Hook: This really isn't a bend as so much of a style. A typical egg hook is extra heavy wire, ring eye and a sproat bend. The shank is extra short



Nymph Bend: These are newer shapes of hooks which are designed to make the fly appear more lifelike. Sometimes they have a bend shank in which the shank is bent at a 45 degree bend. The shape shown here is useful for bead type flies.



Scud or Shrimp: This is a shape used for scuds, caddis emergers, bead flies and for some parachutes. The shape allows the fly to look like a turned down freshwater shrimp or bug. One of the more useful hooks.



York Bend: This is sometimes called a natural bend or living nymph hook. Often used on stoneflies, large nymphs or stimulator type flies. If it is blackened it can be a very useful steelhead and salmon hook.



Other fly hook shapes include Sneck, Limerick, Kendal, Viking, Captain Hamilton, Swimming Nymph, Bend Back, Keel and Kink-shank

What size hook should I use for tying nymphs?

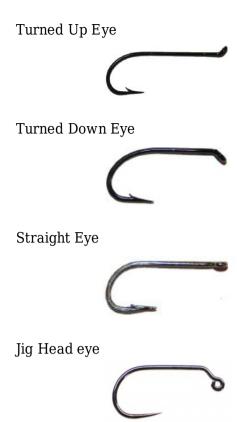
One of the first and easiest flies I learnt to tie was a nymph. The nymphal stage of an insect makes up a high proportion of a trout's diet. You wouldn't go trout fishing without a variety of nymphs in your fly box. The secret to selecting a hook for a nymph is to match the size and shape of the nymphs the trout might be feeding on. Look under rocks and you will get a good idea. My go to patterns are usually in size 14 and I tie down to size 18. I rarely tie above size 12 unless I am wanting to match a stone fly or damsel nymph.

What's the difference between a hook for a dry fly and a wet fly?

Wet flies sink and dry flies float. Therefore, hooks for wet flies are usually heavier than the light gauge hooks used to help float a dry fly. Some people use up turned eyes for their dry flies as they feel it helps the fly float.

Should I use an up eye or down eye?

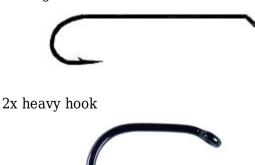
There are conflicting theories as to what is the best style eye curvature and their implications. Some patterns look better with an up or down turned eye and straight eyes are claimed to be more efficient hooking a fish. There are four main hook eye curvatures with the down eye being the most popular these days.



Why are some hooks labelled 2X?

Just to confuse things the x designation when used with a hook is not the same as the x designation used for tippet. A hook labelled 2x strong or thick simply means it is twice as strong as a normal hook. A hook labelled 3x long means it is 3 times longer in the shank than a standard hook. Sometimes manufacturers just use the terms thick or thin or short or long to describe their hooks.

3x long hook



How are hooks named?

When you look at the packets of hooks from most brands they have their own naming system. A favourite dry fly hook of mine is a Tiemco TMC 100. For nymphs I like a Kamasan B175 or maybe a Mustad R70. Every manufacturer has their own unique naming system. There is probably a method in this madness but I haven't figured it out yet.







To help you make comparisons between the hooks offered by different manufacturers there are many charts available. I have included a couple on the next page for those who are that way inclined. The easiest way to find the right hook for the job is to ask the right person.

STYLE		qua U S HOOK	MUSTAD signature	DAI-RIKI	DAIICHI	MFC	Orvis	Tiemco	Kamasan
DRY FLY	Model	Sizes							
STANDARD WIRE, DOWN EYE, 1X LONG	U001	#08-24	R50-94840	300	1170	7000	J1876	5210	B401
STANDARD WIRE, DOWN EYE	U002	#08-22	R48-7957B	305	1310	7004	n/a	921	B410
STANDARD WIRE, STRAIGHT EYE	U003	#16-22	n/a	310	1110	n/a			n/a
NYMPH									
SPROAT BEND, 1X LONG, 1X STRONG	U101	#06-22	S82-3906B	60	1560	7076	J1641	9300	B175
SPROAT BEND, 1X FINE	U102	#06-20	S80-3906	70	1550	7077	J1641	2312	B175
DOWN EYE, 2X LONG, 2X STRONG	U103	#04-18	n/a	730	1720	7026	J1524	5262	B830
CURVED									
STRAIGHT EYE, STANDARD WIRE, 2X SHORT	U201	#12-24	C49S	125	1130	7048	J1639	2457	B100
PUPPA, CADDIS, SCUD, 1X SHORT, 1X STRONG	U202	#06-22	C67S	135	1150	7045		205BL	B110
STRAIGHT EYE, 3X LONG	U203	#04-24	C53S	270	1270	7002	J1510	2312	B220
DOWN EYE, 2X LONG	U204	#06-20	n/a	280	1280	n/a			
STREAMER									
DOWN EYE, 3X LONG, 1X STRONG	U301	#02-16	R73-9671	710	1720	7027	J1526	5263	
DOWN EYE, 4X LONG, 1X STRONG	U302	#02-16	R74-9672	700	2220	7008	J0176	9395	B800
SALTWATER									
STRAIGHT EYE, STAINLESS, 1X STRONG	U401	#3/0-08	S71SZ-34007	930	2546	n/a			n/a
SPECIALTY	SPECIALTY								
STRAIGHT EYE, 5X SHORT, 2X STRONG, EGG	U501	#06-10	n/a	155	NONE	NONE			
STRAIGHT EYE, 1X STRONG, BASS	U502	#2/0-04	n/a	810	2451	NONE			

Hook Comparison Chart											
Style	Mustad	Tiemco	Daiichi	Dai-riki	Partridge	Talon	Orvis	Gamakatsu	Kamasan		
DRY FLY	Standard 1XF, Down-eye	94840	5210	1170 1180	305	L2A E1A (1XL)	D1310	J1876	P10	B401	
	1XF Straight-eye	94859	101	1110	310			J4641			
	1XF, Up-eye	94842	500U (1XS)	1330 (1XS)		L3B			S10-U		
	1XF Barbless	94845	900BL	1190		L3AY	D1190	J1877	S10-B		
	1XF Wide Gape	80000BR	100	1100		L3A		J4864	S10		
	3XF, Down-eye	94833	5230			L4A	D1130		S10-3F		
	1XF, 1-2XS (Parachute)	94838	921	1640 1310		E6A	J1509			B410	
	1XF, 2XL (Hopper)	94831	5212	1280	300	H1A		J1638	P10-2L1H		
	1XF Cont. Curve	80050BR	2312 200R	1270	270	K12ST	ST163C	J1510		B220	
WET FLY / NYMPH	Standard 1XL Down-eye	3906 3906B	9300 3769	1550 1560	060 070	G3A	W1100 W1100X	J1641	L10-2H	B175	
	2XL, Down-eye	9671	5262	1710	730	H1A	ST142	J1524		B830	
	3XL, Down-eye	9672	5263	1720	710	D4A	ST163	J1526			
ENGLISH BAIT HOOK	San Juan Wom	37160	205BL (Barbless)	1150			SH2200				
EGG FLY	3-5XS	9523	105	1510			E217				
STREAMER	4XL, Down-eye	79580 9674	9395	2220	700		ST2224X	JA0176	S11-4L2H	B820	
	6XL, Down-eye		300	2340		CS17	ST2346X	J1511			
	8XL, Down-eye	94720				CS15					
SWIMMING NYMPH	1XF 3XL	80150BR	400T	1770		K6ST	SN1770	J1512			
SHRIMP / SCUD & CADDIS		80200BR 80250BR		1130 1140	135	K4A K2B	C1130	J1639	C12	B100	

XF Extra Fine
XL Extra Long
XS Extra Short

Hurley's FLY FISHING

The films we have to show at our August meeting come from Gavin Hurley of Hurley's Fly Fishing.

Not everyone can afford fully guided and escorted fishing trips but there are times when I think it is the only way to go. When your time is limited, your knowledge of the destination is only what you have found on Youtube and you don't want to go on your own then booking a trip with an Outfit like Hurley's Fly Fishing Adventures is the way to go.

Here are a couple of the adventures that Gavin organizes and although I haven't been on one of Gavin's trips I have visited both of these destinations and can assure you the fishing is as good as he advertises. To find out more about these and other adventures visit the website:

https://www.hurlevsflvfishing.com.au/

New Zealand – Southland Guided Week Adventure



Flying directly in and out of Queenstown mainly chasing browns in streams, and staying at Hurley House in Lumsden, almost a sheep paddock from the world renowned Oreti River, the place is, well perfect! Generally fishing easier walking streams like the Mataura and Wakaia Rivers, are abundant with fish in the 3-5lb category, whilst the larger waters such as the Oreti hold fish in the 6-10lb range. The bigger rivers can sometimes require a bit more skill and walking at times, but almost every fish is sight cast, and to me that is what fly fishing New Zealand is all about.



The 'Lodge' is a clean twin share environment and great for a fishing trip. It is a great first time 'NZeder', where you will get plenty of opportunities at good quality fish in accessible water, the rest is up to you! I guess two main differences between our trips and others are that we use local Kiwi guides, Derek Grezlewski and Brendan Shields, local accommodation,

and locally cooked meals, which literally involves the entire community. The other is we accompany you on these adventures as hosts. We have constantly fished the many rivers and lakes in the area over many years, and makes certain your trip is the best it can be.

Arriving and leaving on a Sunday, so you get the full 6 days at least, plus some amazing evening hatches that the hosts can take you to when their off the clock! All trips include at least 3 days with Kiwi guides that are members of the NZPGA, and 3 days with your HFFA host. Prices include everything except airfares and licence ... we might even throw in a few beers too!!

Hurley's Fly Fishing is also a retailer that specialises in fly fishing equipment and offers in store (in Australia and New Zealand) and internet sales. Check the website for store locations and contact details:

https://www.hurleysflyfishing.com.au/fly-fishing-stores/

Christmas Island Guided Adventure

Since Fiji Airways reinstated flights to Kiritimati, Christmas Island, or CXI as it is referred to in short, the best Bonefishing destination on the planet is well within our reach again.

Everyone talks about Bonefish runs, and we've all read the magazine articles, but until you experience it, well you're simply doing yourself an injustice! You will see and cast at between 100 and 150 bones a day... every day, in some of the most untouched, and isolated environments imaginable. We stay at Ikari House, in the best accommodation on the Island, right on the water, literally 2 minutes walk from the boats... and the food. I can't even

put into words how good it is... as long as you enjoy Crays and the freshest seafood imaginable that is!

You will have 7 fully guided fishing days, mainly targeting Bonefish on the flats and ocean reefs, but it can also include some specific GT time, even tuna, wahoo or sailfish can be on the agenda, the itinerary is up to you guys.

"I am a 'trouty' to the core, but I think I especially love bonefishing because it is so similar to trout fishing. You just don't catch bonefish by accident, presentation is everything. You target single fish in crystal clear water, so you get to watch everything unfold in front of your eyes. Even tiny bones go 50 metres into the backing... and then there are the 7 and 8lbers, 'awesome' is not even in context! As a fly fisher, there are maybe 6 or 7 destinations that you must go to before it's too late, and Christmas Island is one of those"

Gavin Hurley





Dunmore Trout Waters

"Dunmore Trout Waters is an exciting trout fishery nestled in the spectacular New England region, where comfort, fantastic scenery, peace and quiet, is mixed with challenging and rewarding trout fishing"

https://www.dunmoretroutwaters.com.au/

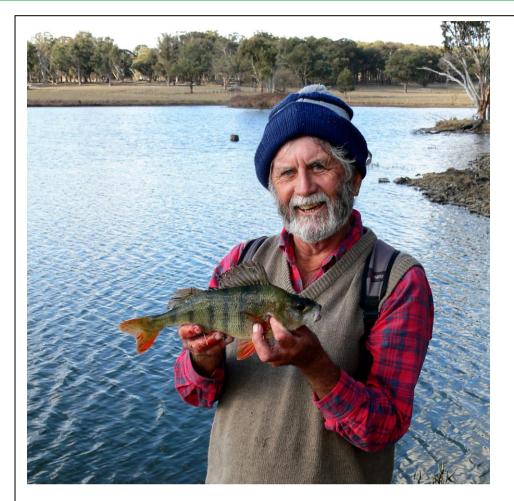
Our trip to Dunmore met all our expectations. Nine members attended and everyone had a great time and caught fish. We will be putting this trip on the calendar for next year so you will have to get in quick if you want to attend as everyone who went this year wants to go again.



Bill with one of the bigger rainbows and his first trout on fly.

Chris also caught his first trout on fly. He wasn't going to let it get away.





As well as catching trout Tony proved that redfin also like flies.



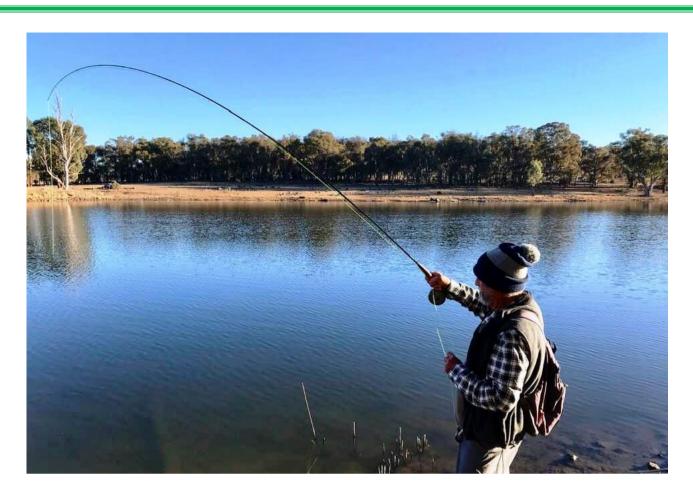
Another rainbow for Bill and a shot worthy of the front cover.



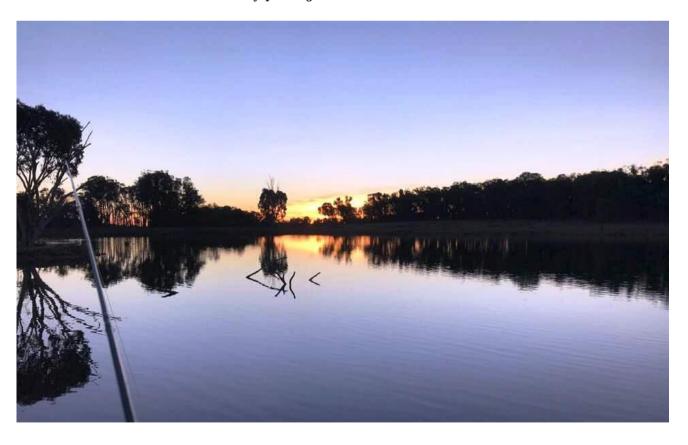
Glenn releasing one of the many trout he caught over the weekend.



Doug and Pip enjoying the serenity.



Tony putting a bend in his Winston.



The weather was as good as the fishing. Check out the Gallery on our website for more photos. https://coffscoastflyfishing.weebly.com/gallery.html

Coffs Coast Fly Fishing Club 2019 Club Calendar

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
1	Tu	Fr	Fr	Mo	We	Sa	Mo	Th	Su Brisbane Casting Day	Tu	Fr	Su	1
2	We	Sa	Sa	Tu	Th	Su	Tu	Fr	Мо	We	Sa	Мо	2
3	Th	Su	Su	We	Fr	Mo Fly Tying	We	Sa	Tu	Th	Su	Tu	3
4	Fr	Mo Fly Tying	Mo	Th	Sa	Tu	Th	Su	We	Fr	Mo	We	4
5	Sa	Tu	Tu	Fr	Su	We	Fr	Мо	Th	Sa	Tu	Th	5
6	Su	We	We	Sa	Mo Fly Tying	Th	Sa	Tu Film Night	Fr	Su	We	Fr	6
7	Мо	Th	Th	Su	Tu	Fr	Su	We	Sa	Mo	Th	Sa	7
8	Tu	Fr	Fr	Mo	We	Sa	Мо	Th	Su	Tu	Fr	Su	8
9	We	Sa Outing	Sa	Tu	Th	Su	Tu	Fr	Mo	We	Sa	Mo	9
10	Th	Su	Su	We	Fr	Мо	We	Sa Outing Home Waters	Tu	Th	Su	Tu	10
11	Fr	Мо	Mo	Th	Sa	Tu	Th	Su	We	Fr	Mo	We	11
12	Sa	Tu	Tu	Fr	Su	We	Fr	Mo	Th	Sa	Tu	Th	12
13	Su	We	We	Sa Casting Day	Мо	Th	Sa	Tu	Fr	Su	We	Fr	13
14	Mo	Th	Th	Su	Tu	Fr	Su	We	Sa Estuary Workshop	Мо	Th	Sa	14
15	Tu	Fr	Fr	Mo Meeting	We	Sa	Mo Meeting	Th	Su	Tu	Fr	Su	15
16	We	Sa	Sa Forster Fly Muster	Tu	Th	Su	Tu	Fr	Mo Meeting	We	Sa Outing Home Waters	Мо	16
17	Th	Su	Su Forster Fly Muster	We	Fr	Mo Meeting	We	Sa	Tu	Th	Su	Tu	17
18	Fr	Mo Meeting	Mo Meeting	Th	Sa	Tu	Th	Su	We	Fr	Mo Meeting	We	18
19	Sa	Tu	Tu	Fr	Su	We	Fr	Mo Meeting	Th Outing The Gorge	Sa	Tu	Th	19
20	Su	We	We	Sa	Mo Meeting	Th	Sa	Tu	Fr Outing The Gorge	Su	We	Fr	20
21	Мо	Th	Th	Su	Tu	Fr	Su	We	Sa Outing The Gorge	Mo Meeting	Th	Sa Outing Home Waters	21
22	Tu	Fr	Fr	Mo	We	Sa Outing Bluewater	Mo	Th	Su Outing The Gorge	Tu	Fr	Su	22
23	We	Sa	Sa	Tu	Th	Su Outing Bluewater	Tu	Salmon	Mo	We	Sa	Mo	23
24	Th	Su	Su	We	Fr	Mo	We	Salmon	Tu	Th	Su	Tu	24
25	Fr	Mo	Mo	Th	Sa Outing Home Waters	Tu	Th	Su Swansea Salmon	We	Fr Outing Dorrigo	Mo	We	25
26	Sa	Tu	Tu	Fr	Su	We	Fr Dunmore Waters	Мо	Th	Sa Outing Dorrigo	Tu	Th	26
27	Su	We	We	Sa Outing Home Waters	Мо	Th	Sa Dunmore Waters	Tu	Fr	Su Outing Dorrigo	We	Fr	2 7
28	Мо	Th	Th	Su	Tu	Fr	Su Dunmore Waters	We	Sa	Мо	Th	Sa	28
29	Tu		Fr	Мо	We	Sa	Мо	Th	Su	Tu	Fr	Su	29
30	We		Sa	Tu	Th	Su	Tu	Fr	Mo	We	Sa	Мо	30
31	Th		Su		Fr		We	Sa		Th		Tu	31

These people have all helped our club in one way or another. When you are looking for products and services make sure you consider them first.













Membership Form

I	•••••	DOB		
of		(print full name)		
		street name and number, to		
Email address				
Phone number		mobile.		
Emergency Contact:		phone: .		
I hereby apply for member () Adult membership () eMembership ²	ership of Coff \$30 free	2		\$20 free
- *		. If paying membership after December fe holders, pension card holders (including d		•
	eMembers are r	available to anyone not wanting to attend not covered by Club Insurance. eMembers		
3 Junior membership is available to	anyone attendin	g primary or secondary school.		
 abide by the constitution any photographs taken of club website and Facebo 	ls circulated only to a, rules and any sa of myself or family ook Page.	to financial members of the club. If the club in the club in the club newsletters and club announcements.	er, club prom	otional material or on the
		(signature of applican	et)	(date)
	••••	(signature of legal gu	ardian if	f junior member)
Fees can be paid: 1. In cash or by cheque Fishing Club Inc.	at a meeting	or fly tying night. (cheques m	ade payal	ole to Coffs Coast Fly
2. By cheque posted to:		3. Direct d	leposit	
The Secretary Coffs Coast Fly Fi 11 Butterfly Close Boambee East		Coffs Co	Number:	10333424 shing Club Inc urname

All information supplied will be held in club records and will only be disseminated to financial club members (if approved by the applicant as indicated above)