



Official Newsletter Of The



The Flyer

The Official Newsletter of the Coffs Coast Fly Fishing Club AUGUST 2022

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Our biggest newsletter yet is full of important information, articles for you to read and photo memories. Don't try to read everything in one sitting and don't trash it until the end of the month so you can check back on dates and times.

There's new content from our friends at the Hunter Valley Fly Club, a salmon recipe from Anthony Heiser just in time for the Salmon Classic, some inspiration from Ray Phipps to visit Kosciuszko National Park and all the usual reports for you to read.

Want more? Get those keyboards clacking and cameras clicking and send in your contributions for the next issue.

Front Cover: David Small worked hard at Dunmore for his biggest trout on fly and had a lot to smile about.

PRESIDENT'S REPORT

August 2022



This will be my fourth term as president and I thank the members for putting up with me for another year. I took over from Kevin Cosgrove who was the first president of the Club. Kevin is not in the best of health at the moment so we send him our best wishes.

Despite Covid and the wet weather this year the Club has been very active. Last August, in conjunction with NSW DPI, we were involved in putting on a fly fishing day at Ebor for people recovering from the drought and bush fires (how the weather changes!) We had another day at the Hatchery in June this year introducing families to fly fishing. We are grateful to the Hatchery staff for allowing us to hold these days there and also to Mel Buhler who is a club member and an Education Officer with the DPI Fisheries for her support for the Club.

This year we managed to get a regular fly tying group going and it has been well attended. Thanks to the North Beach Recreation and Bowling Club for the use of their premises and to the members who have led the group. With a few exceptions (due to weather) we have been able to hold regular outings to our Home Waters

at Mylestom which have been well attended. Our overnight trips to Dunmore, Lake Keepit and Gumma Reserve have been very successful thanks to the trip co-ordinators.

The Tuesday casting group is still going strong and is well attended by members. Thanks to Allan, David, Garry and John for their patience and the time they spend imparting their casting skills to us. We have all improved as casters since the Tuesday Casters began and the regular casting and fishing sessions have done much to build great comraderie in the group.

There are many people to thank for what they have done for the club throughout the past year but I wanted to thank Allan Ekert who has been secretary since the Club was formed. Allan wants to stand down for someone younger and with new ideas but no one has volunteered yet. To everyone who has helped, thanks and I look forward to working with you for another successful year.

Dong

From the Editor

The AGM is over for another year and everything is in place to make this the best year yet. A great turnout of members ensured we filled almost all the positions. You can see the changes that occurred further on in the newsletter. To those no longer on Committee or Executive, your contribution has been much appreciated and helped the club to where it is today. To those new to a leadership role, we thank you for taking on the responsibilities of keeping the club going.

We didn't fill one position at the AGM, that of Secretary. I don't want to take on the role permanently as I think it is time for someone younger with new ideas to take over. It can be a time-consuming role, so it's understandable that younger people with work and family commitments are unable to commit. There's still time for someone to step forward, but in the meantime, I will act in a caretaker role to keep things going.

I have agreed to continue as newsletter editor this year as it appears most people want a newsletter. I believe the newsletter plays a vital role in letting members know what is happening and providing information that might help those wanting to know more about fly fishing. For the many distant members, the newsletter is often our only contact. I'm pleased to say we have some new contributions to the newsletter this month and hopefully this will continue. If you can write a report, an informative article or send some photos, it will make the newsletter much more interesting for all to read.



It was good to catch up with some of our distant members at our casting day last week. We have quite a few members who live too far away to attend regular activities. Although we don't get to see them very often, if at all, they are still important members of the club and are always welcome to participate in any way they can or reach out for help.

As we begin another financial year our books are in good order and we have funds to commit to projects that members would like to see happen. We are investigating the dollar-for-dollar fish stocking program and will use our money to support future casting, tying and fishing programs. If you have a project you think the club should support, make sure you let someone on the Committee know.

The Club Calendar of outings and events will tell you there is a lot to look forward to this year. As well as our regular activities we are planning some major trips. Although only at the expressions of interest stage, they have almost reached capacity. Make sure you have a read and register your interest. You can find out more about the upcoming outings in the newsletter or in the Outings Folder, and they appear on the Calendar on page 10.

Editor

Club Executive 2021-22



President Doug Urquhart 0458696138



Treasurer David Small 0423112902



Vice President Greg Artlett 0427689400



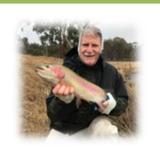
Assistant Secretary Ray Phipps 0412525338



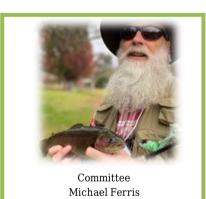
Public Officer Newsletter Editor Allan Ekert 0427457725



Committee Tom Trefz 0423676624



Committee Glenn Colquhoun



0428636858



Vacant

Secretary

Membership fees

So far fifty-three people have paid their membership fees and are financial members of the club. If you have not paid by now, you are unfinancial and will no longer be a club member by the end of this month and this will be the last newsletter you receive.

It is understandable that people come and go from clubs as their interests change or enthusiasm wanes. If you are not renewing, thanks for being a member and hopefully you gained some benefits from your involvement

If you have simply forgotten to renew, you can make a payment at the next meeting or our preferred method is by direct deposit.

Remember the old Commonwealth Bank Account is closed. Our account is now with BCU which is a division of Police & Nurses Limited.



BSB 533 000

Account Number: 02051766

Name: Coffs Coast Fly Fishing Club Inc

Reference: Your surname

Some people have already paid their fees or have credit from having paid twice last year. Please check your membership card or receipt before you pay again.

> Adult membership \$30 Family membership \$40 Concession membership \$20 Junior membership free Distant membership \$10

Club Positions

At the AGM the following positions were filled:

President ... Doug Urquhart
Vice President ... Greg Artlett
Secretary ...
Assistant Secretary ... Ray Phipps
Treasurer ... David Small
Public Officer ... Allan Ekert
Committee ... Murray Robinson,
Tom Trefz, Glenn Colquhoun,
Michael Ferris

The position of Secretary was not filled. Allan Ekert will be acting as caretaker until someone can be found.

There are many aspects of running a club that go unnoticed until no one is doing them. Although the AGM didn't elect individuals to the following roles, everyone agreed to help where and when they could.



Raffles

Catering

Publicity

Record Keeping

Welcoming

Co-ordinating Outings

Fly Tying

Facebook

Properties

Newsletter

August Meeting

The next meeting will be Monday 15th August at 6.30pm at the North Beach Recreation and Bowling Club at Mylestom. This will not be a formal meeting with the time being devoted to the raffle, fishing reports and our guest speaker.

The guest speaker will be Tom Clancy. Tom lives locally now and has fished our home waters frequently and successfully. Tom writes for FlyLife magazine and stars in a few YouTube videos. You can read his story later in the newsletter. Tom will be talking about fly fishing the bread-and-butter species in our local area.

As usual, you can arrive early for a pizza and a drink but we will need to commence on time as the Club closes at 8pm and I'm sure there will be plenty of questions for Tom to answer after his presentation.

The usual raffle will take place on the night and tickets will be held over for the big draw next month of the handmade fillet knife provided by Bill Anderson.



Committee Meeting

The committee will meet before the August meeting at the North Beach Club commencing at 5.00pm. The earlier starting time will allow for a full agenda and time to eat and be ready for Tom's presentation.

If you have any items for the agenda, please get in contact with the acting Secretary or any Committee member. Decisions made by Committee are presented at general meetings and minutes are made available for those who would like a copy.

Tuesday Casting Group

Casting continues this month. Anyone can join the Tuesday Casters. We meet at Mylestom most Tuesdays from 10.00am. To find out more you can contact Allan on 0427457725.



The sun sometimes shines and hats are essential.

The program for August is as follows:

- Tuesday 2nd Casting Mylestom.
- Tuesday 9th Fishing at Valla Beach.
- Tuesday 16th Casting Mylestom.
- Tuesday 23rd Casting Mylestom.
- Tuesday 30th Casting Mylestom.

Fly Tying

Our next fly tying night will be held on Monday 29^{th} August. We will be tying bass vampire flies for bass and bream. You will need to register so that a material pack can be made up for you. The cost will be \$5. You can register at the next meeting or contact Allan on 0427457725.



Fly Tying Nights

Out fly tying nights are being well received and a regular band or members are attending and learning how to tie flies. Fly tying will never save enough money to make it worthwhile, but the satisfaction of being able to tie your own pattern and catch a fish on it far outweighs the cost. There's also the satisfaction of being able to create and modify patterns to catch tricky fish.

The fly tying nights are open to all members and take place on the last Monday of the month at North Beach Recreation and Bowling Club Mylestom. There is a small cost of \$5 which covers the cost of hooks and materials which will enable you to tie a number of flies on the night. There is no cost for the expert tuition you will receive from knowledgeable and experienced fly tyers in the club.

Last month we tied pheasant tailed nymphs and learnt there are many variations but you can put your money on all of them!

The group took advantage of hooks and some assorted materials that had been donated to the club by 'Uncle Barry' Ryan to add to the materials that had to be purchased.



Fly tying requires concentration ... and good eye sight. No need to spend money on meditation courses or mindfulness activities – just take up fly tying.



MO Tackle Fly Tying

John Everett from MO Tackle will be running another fly tying session on Saturday 13th August at the shop. Starting time will be 2.00pm and the session will run for 2 hours. There will be a cost of \$15 for materials. This month John will be tying bass flies. A maximum of six seats will be available for the session so book in quickly. Contact John Everett at MO Tackle on 02 6652 4611 to book a place or for more information.

Caps, Hats & Patches



The first batch of caps, hats and patches has arrived and has already been distributed to those who ordered last month. A new order will be submitted on 2nd August. If you would like to order a cap, hat or patch you will need to contact David Small (0423112902) as soon as possible. Caps (one size fits all) are \$15 each, hats (M, L, XL) are \$20 each. Patches are \$10.

Cast a Fly Rod Day

Twenty-seven members and six newcomers enjoyed the sunshine at our Cast a Fly Rod Day. There was plenty of action as different rods were cast, lessons were given and everyone enjoyed a sausage sandwich and drink. Thanks to MO Tackle for providing the lunch, John Everett for his great support, and to all our members who helped in one way or another.

When it came to setting up and putting away there were plenty of helpers and many hands made light work. Thanks to Ray for bringing the barbeque and for Anthony for slaving away over a hot barbeque all afternoon.



We might not be a big Club but we managed to put on a good show and spread the word about fly fishing in Coffs Harbour.



We are fortunate to have Mel Buhler as one of our members. As an Education Officer with the NSW DPI Fisheries, she was able to bring along their Fishcare Trailer and provide fishing information and answer questions on rules & regulations (when she was not helping president Doug with the registrations and welcoming visitors).



P.S. If you lost a fly reel at the casting day please get in touch with details.

Club Calendar 2022

Here is the draft club calendar for 2022. It is provided to give you an overview of what might happen and an opportunity to plan ahead. Dates and changes will be added throughout the year and late changes will be in the Mid-Month Update and posted on Facebook and our website.

Month	Outings	Activities
JANUARY	No outing this month Meeting/Casting at Mylestom Oval at 5.30pm on Monday 17 th .	Club Meeting at Mylestom Monday 17 th
FEBRUARY	Bass Outing at Taylors Arm (Doug) Saturday 19 th	Club Meeting Monday 21st Committee Meeting
MARCH	Casting Day at Dorrigo Saturday 19th March Tuesday Casting Group Resumes 1st March Homewaters Saturday 26th March	Club Meeting Monday 21st Mylestom Major Raffle Drawn
APRIL	Keepit Trip Wednesday 6 th to Saturday 9 th April Fly Tying at MO Tackle Tuesday 26 th 6.00pm Home Waters Saturday 30 th April	No Club Meeting Monday 18 th due to Easter Holidays. Committee Meeting Tuesday 19th
MAY	Home Waters Saturday 14th May Try Fly Fishing Family Day at Ebor Saturday 28th Fly Tying at Osprey Room Monday 30th 6.00pm	Club Meeting Monday 16 th
JUNE	Home Waters Saturday 11 th June Lake St Clair Saturday 18 th Sunday 19th	Club Meeting Monday 20 th Major Raffle Drawn Committee Meeting
JULY	Casting Day Saturday 16 th 12noon - 2.00pm Dunmore Waters Friday 29 th to Sunday 30 th	Annual General Meeting Monday 18 th
AUGUST	Swansea Salmon Classic 19 th /20 th /21 st Mullet Mash Saturday 27 th	Club Meeting Monday 15 th Committee Meeting
SEPTEMBER	Gathering @ Gumma Friday 9th to Sunday 11th	Club Meeting Monday 19 th Major Raffle Drawn
OCTOBER	Bass Bash Grafton Friday 14 th to Sunday 16 th A1 Flats Fishing Workshop Woolgoolga Saturday 29 th	Club Meeting Monday 17 th Committee Meeting
NOVEMBER	Keepit Carp Caper Wednesday 9th to Saturday 12th	Club Meeting Monday 21st
DECEMBER	Home Waters Saturday 10th Christmas BBQ Tuesday 13 th	No Club Meeting Major Raffle Drawn

August Outings

There are two outings planned for August. The first is a weekend trip to Swansea to chase Australian Salmon on fly. You can read all about it on the next page.

The second outing is our Annual Mullet Mash to be held on Saturday 27th August. This has always been a popular event with the emphasis being on fun and catching and releasing plenty of fish. See the details on page 15. Make sure you register by the August meeting so flies can be tied for you and food bought for the sausage sizzle.

Future Outings

We are planning four major trips in the future months. If you are interested, ask some questions, talk to the co-ordinators and place your name on the expressions of interest sheet so you can be kept up to date on progress. These trips are in various stages of planning but you will need to get your name on the list if you don't want to miss out. There will be a limit on numbers on some trips and once dates have been settled there will be a cut off for deposits and places will be allocated on a first in basis.

1. Grafton Bass Weekend

Co-ordinator: Michael Ferris (0428636858) **Dates**: Friday 14th to Sunday 16th October **Accommodation**: Staying at an Airbnb on the river at Grafton. Limit 6 people.

Home in Waterview

Cost: \$100 for weekend per person. Food

extra.

Fishing: Boat based bass fishing on the

Clarence River

2. Lake Keepit

Co-ordinator: Allan Ekert (0427457725) **Dates**: Wednesday 9th to Saturday 12th November.

Accommodation: The Sport and Recreation Centre is booked out until the school holidays so we will be staying at Lake Keepit Holiday Park. Those attending will be responsible for making their own bookings.

Lake Keepit Holiday Park

Cost: Depends on level of accommodation. Self-catering with club BBQ last night. Cabins range from \$149-\$174 per night and can sleep 3 or 4. Unpowered camp site are \$27 per night. Fishing: Walking the shores of Lake Keepit stalking carp on fly. A boat will help to get away from the crowds.

3. Southern Queensland Dams

Co-ordinator: Murray Robinson (0425277026)

Dates: To be determined - February March 2023

Accommodation: Yet to be finalized.

Cost: Yet to be finalized.

Fishing: Boat based fishing on a Southern Queensland Dam for bass, saratoga or barramundi.

4. Bens Falls Retreat Emmaville

Co-ordinators: John Everett/Allan Ekert (0427457725)

Dates: To be determined - mid week

March 2023

Accommodation: Cod Cabin, Bens Falls Retreat Emmaville northern NSW

Bens Falls Retreat

Cost: Yet to be finalized.

Fishing: Canoe and land-based fly fishing for Murray Cod on the Severn River.

2022 Swansea Salmon Classic

Jeffyates

After a hiatus of 2 years due to the damn Covid pandemic, we are finally on track for a huge back to Swansea Salmon Classic weekend on 21st and 22nd of August. With Pattie Neylon at the helm steering the ship, it has all the vibes of being a memorable weekend. In the spirit of co-operation, an invitation to clubs from Coffs, Hastings and Central Coast will boost the numbers, so we are making the plea to get your name registered, and book early for your accommodation. Read the info that Pattie has put out and give him the feedback to make his catering job easier.







Previous years have seen big catches with many participants catching salmon at the Classic for the first time. There have been reports of the salmon showing up around Lucy's breakwall and into Salts bay. The anticipation is electric, and the probability of catching fish like those above is high.

To read more about the Salmon Classic and other fishing reports from the Hunter Valley Fly Club, visit their website:

http://www.huntervalleyflyfishingclub.com.au/newsletters

Swansea Salmon Classic

by the Editor

We have been invited to participate in the Hunter Valley Fly Fishing Club's Swansea Salmon Classic. A number of our members have attended and had great fishing and been treated to great hospitality when the event was run pre Covid. It is now on the calendar again. If you are interested in going make sure you contact Pat Neylon with the answer to his seven important questions found at the end of the information. You should also register on our Club Outing Sheet so we know who is going.

2022 Swansea Salmon Classic

Sat 20th and Sun 21st August

This year's 2022 Swansea Salmon Classic will be held in similar fashion of years past. Please read through the details below as some are new. It will begin Saturday and go through to Sunday. People will have to organise their own accommodation and lunches. We will not be doing sandwiches like years past as we are catering a feast for Saturday night. There are some fantastic places to grab takeaway breaky and lunch in Swansea, as well as great coffee. Or, pack some easy sandwich making supplies in the esky and do it on the water like I will be doing. We will supply some coffee tea and milk in the kitchenette. And some bottles of water and cans of soft drink on ice if you want to stop in through the day.

There are already reports of salmon in the channel so there is no doubt there will be fish around.

If you are a HVFFC club member and want to join in all the festivities – this will cost you \$Zero Dollars. Otherwise, it's a small \$20.00 fee for the weekend. This includes the non-alcoholic liquid refreshments through the day AND includes a lovely Dinner on Saturday night.



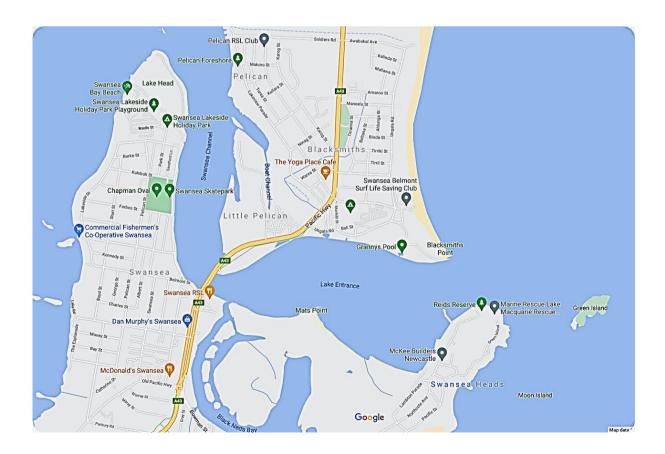
Fishing

That's what we're here for. The salmon usually work between Swansea bridge and Green or Moon Island (depending on your map), at various times of the tide. Bring a boat or a buddy with a boat and abide by all normal water navigation rules. If you have a spare seat, you will make somebody's day. Put it out there on email. Protocol dictates that you must not drive through the middle of a salmon school. Have respect for your fellow fishermen and don't spook the fish. One other thing, I encourage all to share information on flies and give a few excess ones away, tackle and locations as we all like to catch fish. This is particularly for the benefit of those members who have not fished here before. There is no competition, this is a chance to share knowledge and strengthen our fantastic community of fisherman.

The 2 main boat launching ramps are at Blacksmiths, over the road from the Holiday Park, and at Swansea, outside the Lakeside Park. Both are easily accessible. Be aware of what you and your boat can do, especially if you decide to cross the bar.

Gear:- 8 or 9 wt rod with intermediate line and 15-20lb tippet, just in case a few big green backs come in. Many flies work, and the fish will be feeding on small anchovies, white bait and our flies hopefully. Bring a range of Surf Candies to 75mm, smaller polar fibre flies or miniature Candies. Small Poppers can be exciting too if they are really fired up.

There are a lot of other species in the area - blackfish, bream, whiting, Flatties, snapper and Kings. Don't feel obliged to target Salmon all day! The salmon are the main draw card though as they make exceptional sport fishing on light tackle. But the lake and inshore reefs hold lots of other opportunities too.



Accommodation

I have spoken to both caravan parks and they have plenty of accommodation both camping and cabins at the moment, **but you will need to book soon**. Let them know that you are with the Hunter Valley Fly Fishing Club and they will try and group you together in the park.

You take care of your own booking, whether camp or cabin. Cost for Swansea Lakeside HP - Powered sights \$44.00 -\$52.00 , Unpowered \$40.00.Cabins - 2 bedroom \$215 night, 3 bedroom \$355.00 Deluxe Villas \$205.00 , Budget cabins (no ensuite)\$145.00 night. Blacksmiths Beachside offer great accommodation options if the SLHP is exhausted. Book early - you can always cancel.

Swansea Lakeside Holiday Park- SLHP	Blacksmiths Beachside Holiday Park -
	ВВНР
1 Dobinson Drive	30 Gommera St
Swansea	Blacksmiths
0249712869	0249712858

Saturday night

Dinner - 6:00pm. Swansea Lake Holiday Park Function Room.

If you have the energy and the spirit for a great social evening - Dinner and some games at the Swansea Lake Holiday Park Facilities Hall will be hosted by the HVFFC. There will be the club BBQ and trailer as well as a communal kitchen. A few members and I will cater likely a buffet style BBQ with salad and sides with vegetarian options. If you are not a member of the club, please still come for a small fee of \$20.00 as mentioned in the intro above. As this helps pay for the Hall rental, trailer slow cooked BBQ and of course the excellent grub.

Games (after dinner).

RAFFLE - Ten Dollars to Enter the raffle - Prizes will be donated fly fishing related items of value up to \$20.00 - OPTIONAL Please bring a fly fishing related prize worth \$20.00 to donate to the raffle. This could be a handful of self-tied flies, a spool of tippet, a bunch of tapered leaders, some fly tying material etc. A fun way to raise money for the club. keep it fishing related - club has suggested no Booze please.

IRON FLY – Enter the Fly tying arena where you will be given a small amount of materials to develop a single fly in a set time. These materials are donated by attendees. So please - have a look in the bottom of your box and bring any materials you no longer use and are happy to donate. These will be divvied up among contestants.

Rules -will be explained more on the night.

We are aiming to have 6+ IRON FLY Champions in the ring at once. The 3 highest scoring contestants will be placed into a high stakes final. Most votes will decide the Peoples CHAMPION.

Challengers - What you will need - Bring your vise and tools, scissors, a hook. Similar to the Iron Chef - a secret ingredient/material will be given to all, that must be incorporated into the fly. Tyers are judged on their technical skill, creativity and ability to integrate the materials into a functional fly for fishing.

7 Important questions I need to know:-

Who is coming?
What club are you with?
Who will need to pay the \$20.00?
What days are you attending?
Where are you staying?
Are you joining for Saturday Dinner?
Do you want to donate a prize to the raffle?
Do you want to compete in the IRON FLY?

My contact details are:

Patrick Neylon

Email: p.neylon@hotmail.com
for details of your stay

or

Mobile: 0438575060



Tom Clancy

Our guest speaker at the August meeting will be Tom Clancy.



If you are a reader of FlyLife Magazine you will have read some of his writing:

Issue 91 Autumn 2018 Old Cod - New Tricks Thomas Clancy tests articulated flies on New England cod

Issue 98 Summer 2019/20 Learning Curves Thomas Clancy helps his partner Bec take the next steps into fly fishing

Issue 100 Spring 2020 Cod and Comfort Thomas Clancy enjoys the best of both worlds. Issue 103 - Winter 2021 Windamere Gold - Thomas Clancy targets golden perch in shallow water

Issue 105 Summer 2021/22 Bread & Butter Basics - Thomas Clancy covers saltwater options close to home

Tom began fishing as soon as he could hold a rod; although his pram was used as an impromptu rod holder by his dad well before that. His entire childhood was spent on or by the water which he blames for the unhealthy obsession he has for the fishing now.

Tom's father first introduced him to fly fishing as a young teenager and since then he has never looked back. His formative years in the sport were spent cutting his teeth on the plethora of subtropical saltwater and sweetwater species found in the waters of South East Queensland, and disappointing Peter Morse at one of his casting clinics.

Since those years, Tom has waved a rod over an immeasurable amount of water, both locally and internationally, and landed close to 50 species of fish on his embarrassingly self-tied flies. These days, he calls the Coffs Coast of NSW home with his partner and border collie but trout and Murray cod are still his fly fishing passion.



Calling all club members to the Annual *Mullet Mash* held on our home waters on the Bellinger River at Mylestom.

Saturday August 27th







Start from the Mylestom boat ramp at 7.30 am. Finishing at 12 noon. Lunch 12.30pm. Presentation 1pm.

This will be a friendly competition with all fish to be released after being photographed on a brag mat or similar measuring device. There are no prizes, just the satisfaction of beating someone in your boat or a fishing mate with the biggest mullet of the day.

Cost \$5 per person, this includes:

4 suitable flies, sausage sandwiches for lunch, bread for burley.

Catching Mullet on fly is highly addictive and fantastic sight casting fun. It's not unusual for large numbers to be caught with a possible bi catch of Bream and other species.

Members are asked to team up in boats to take advantage of being able to fish anywhere in the Bellinger/Kalang Rivers. If you don't have a boat and can't find a ride let us know and we may be able to arrange something. Those without boats will be ferried to various land-based spots. Inexperienced fly fishers will be helped by members sharing their knowledge and skills.

If you need help with gear the club has suitable outfits available to lend - first in best dressed. Contact the secretary to book a club rod. Long leaders /tippet 4lb on the lightest rod you own is the way to go.

At the briefing at 7.15am, bread for burley will be distributed and information on where to fish will be supplied.

You MUST register for this event Contact: Greg on 0427689400 or Allan on 0427457725



Gathering @ Gumma

9th - 11th September 2022

Calling all club members to gather at Gumma Reserve via Macksville from Friday 9th to Sunday 11th September. Enjoy a day, weekend, or a few days of fly fishing, casting and fly tying. Fish, cast, tie, learn and socialize with fellow club members.



Fish Warrell Creek and the Nambucca River from the bank, by boat or by kayak.

Target species on fly such as bream, flathead, whiting, bass and trevally.

The club will provide facilities for morning and afternoon tea each day and a sausage sizzle on Saturday night. There is no cost unless you want to camp overnight.

Bring your own food and camping equipment if you intend to stay. Come for the day or stay for a while. The reserve has toilets, cold showers, a boat ramp and picnic tables. There is no cost for day visits. Camp sites are \$15 single or \$20 double per night. There are no bookings so get there early if you want to pick your camp site. Club members will be on site from Thursday. For details of the Reserve see:

https://www.nambucca.nsw.gov.au/cp_themes/default/page.asp?p=DOC-BEO-78-63-34

Fish some of the best waterways in our district. Local members will be sharing their knowledge and ensuring everyone knows the best places to fish. Come and join in this club outing to catch fish on fly, and share, learn and have fun. Bring your boat, canoe, kayak, SUP or fish from the bank.

You MUST register for this event. contact: Brian (Pip) on 0490469562 or Allan on 0427457725

Fishing Reports

We kick off this month's fishing reports with an article from Ray Phipps on a recent trip to the Snowy Mountains.

KOSCIUSZKO NATIONAL PARK.

By Ray Phipps

As a regular visitor, I believe that as a Fishing and Camping destination during the NSW Trout fishing season it's hard to beat Kosciuszko National Park. Fishing opportunities are far too numerous to count and they range from crystal clear mountain streams, to the headwaters of iconic Australian rivers like the Murray, Snowy and Murrumbidgee. There are also multiple Lakes to fish, probably two of the best known are Jindabyne and Eucumbene, but there are many others.



Our most recent trip was in March this year when Helen and I spent just over three weeks fishing there. We fished and caught fish every day, none of the fish could be described as large trophy fish, but there were plenty of fish up to 300mm to keep us happy. We caught Brown, Rainbow and Brook Trout and although I have fished there previously, this is the first visit there that I have identified Brook Trout. I have

probably caught them on previous trips and released them without having a good look at them. We camped beside fishable water every night, so late afternoon and early morning fishing was a breeze. I must admit though, it was very necessary to rug up to beat the cold, particularly at the higher altitude camps.



There are over 40 established camping reserves within the park suitable for tents, caravans and motorhomes. There are no camping fees, but sites must be booked on the NP website and there is an \$6 booking fee regardless of how many nights you are camping.



Outside of the winter peak season, from the Oct long weekend to the June long weekend, you don't have to have a NP entry permit to enter or camp in the Northern section of the park, that is approximately

everywhere north of a line from Khancoban to Rocky Plains. South of that area, that is the areas accessed via Alpine Way and Kosciuszko Road you must have either an annual pass or a \$17 day pass. If you do plan a fishing/camping trip to Kosciuszko NP, please check on the NP website that the information I have given above is still current and correct.

https://www.nationalparks.nsw.gov.au/visit-a-park/parks/kosciuszko-national-park





Ray mentioned he and Helen caught three species of trout while on their trip. If he had done it on the same day he would have qualified for the Gold Hall of Fame. Did you know there are four species of trout that can be caught in NSW? Catching each of these species in a day would make you a Legend.

Brook Trout



Salvelinus fontinalis

Brown Trout



Salmo trutta

Rainbow Trout



Oncorhynchus mykiss

Tiger Trout



Salmo trutta x Salvelinus fontinalis

Murray Robinson has been fishing for bream in our Home Waters lately and came up with this new species for him. After it was quickly photographed and measured, Murray released the Estuary Perch back where it come from. The season is closed for these species until September and if you catch one as a by-catch you must release it unharmed.



Estuary Perch



Macquaria colonorum

The body of an Estuary Perch is slightly deeper than that of the Australian Bass, the snout profile is concave and the snout noticeably longer than that of the Australian Bass. The Estuary Perch is a dark grey to silvery on the back becoming paler below. All fins are dark except the outer half of the rear section of the anal fin.

Australian Bass



Percalates novemaculeata

Australian Bass vary in colour from silver, green and bronze. The fish migrate downstream to the estuaries to breed between May and August and a fishing closure has been introduced at this time, to protect this species. Females are much larger than males. Adult fish are general purpose carnivores. The Bass has a back profile that is arched from above the eyes to the tail with only very slight tapering of the snout.

The Tuesday Casters went to Red Rock for their monthly practical session. Fifteen members turned up. The sun shone and the wind blew and everyone had a great time including the fish who managed to evade most of the nasty hooks hidden in the fur and feathers.



Under the watchful eyes of the council workers, Greg loaded people into his boat and ferried them to the other side of the river. Everyone was grateful not to have to swim.

The award for most MVP went to Wal Franklin, not for catching three flathead all around this size, but for bringing along a box of chocolate brownies that Maureen had baked for us. (Chocolate brownies are to fishermen as clousers are to flathead!)





Other flathead were caught by Greg Baxter and Brian Mighell and a few more were almost caught by all those who had a story to tell about the one that got away. Apologies if I missed someone.



Flathead were the only species caught (we won't count the toad fish!). Red Rock has a great potential as a fishery for flathead, bream, whiting, luderick and trevally. We will be back when hopefully all the fish will come out to play.



The day wouldn't be complete without a sausage sizzle and a good chat. Thanks to Mick for towing Greg's boat and to Greg for the boat. Thanks to everyone who came for a good day out. Next week it's back to work at Mylestom working on casting.

Last weekend ten members went to *Dunmore Trout Waters*. Thankfully, the fishing was better than at Red Rock. It was sunny but very cold with a big frost Saturday morning. The fish were playing hard to get, too much food, too cold, who knows, but that's what's fishing is about. Despite all this everyone caught fish with some very nice rainbow trout up to four and half pounds landed and quite a few small redfin. We had four newcomers to Dunmore on this trip and they all landed trout.



Jim has caught plenty of trout on fly but this was his first trip to Dunmore. After we taught him the difference between a turtle and a trout, he soon got the hang of it.



Steve just loves catching Dunmore trout.





Bill is another Dunmore veteran but he didn't want the fish to recognize him this time.



Glenn never gets sick of fishing but he does get sick, and unfortunately, he had to go home early ... but not before he caught his share of the trout.



Brian caught the biggest trout at four and a half pounds but he was disappointed he didn't get one of the 12 pounders that was recorded in the visitor's book.



When Doug wasn't preparing meals or looking after his cold, he caught his fair share of trout.



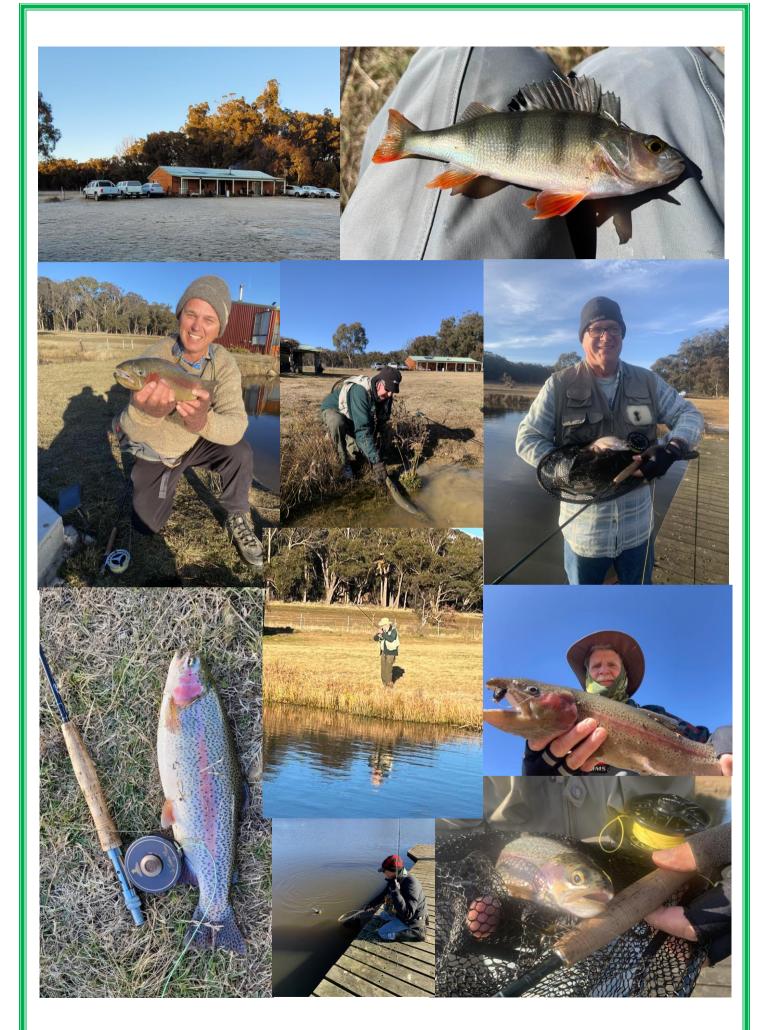
Mick fished hard all weekend and deserved the trout he caught.



David made the cover shot with his best trout on fly after only a few years in the sport.

Not everyone was photographed but everyone caught fish. Sometimes, you become so engrossed in the fishing you forget to put down the rod and take photos. Thankfully, a few people did take photos and the collage on the next page will give you a picture of what Dunmore Trout Waters is all about.

P.S. If you found a reel cover for a Shimano Biocraft at Dunmore, please contact Brian.



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Preparing and cooking Australian Salmon

By Anthony Heiser



Anthony posing with his 55 cm Australian Salmon caught off Yarra Bay Beach at the Sydney Sportsfishing Tournament in November 2020.

Australian Salmon provides great sport but its strong flavour and chewy texture does not make it ideal for the dinner plate. But with the Swansea Salmon Classic approaching, I thought I'd share my tips and recipes I've picked up over the years.

Firstly, if you are keeping a Salmon for the dinner table, it needs to be bled immediately and, if possible, kept in ice straight away. Secondly, you need to remove the bloodline when cleaning and filleting the fish (if you don't like wasting the red offcuts, you can cook them in boiling water and then feed them to your cats). And thirdly, I recommend soaking the fillets in milk in the fridge for at least an hour.

I like to soak it overnight, and then to rinse the fillets before cooking. The first time I soaked the fillets in milk resulted in some of the sweetest and clean tasting crumbed fish I've eaten in a long time.

Apparently, fish contains a compound called trimethylamine oxide (or TMAO for short). TMAO is odourless and regulates proteins in fish – for example, it counteracts urea in Sharks and Rays and counteracts the protein-destabilizing effects of pressure in deep-sea fish and crustaceans.

After a fish dies, TMAO degrades into trimethylamine (TMA) which gives seafood that 'fishy' smell. Soaking fish fillets in milk for 30 to 60 minutes apparently does two things: it softens the fish (making it less chewy) and the milk binds with TMA and removes it from the fish (making it less 'fishy').

Unfortunately, this technique does not seem to work as effectively when defrosting frozen Australian Salmon fillets. However, it does make a great difference on fresh fillets and here are a couple of recipes you can try.





Ingredients

- 500 g Australian Salmon
- 500 g Potatoes (with jacket on is ok)
- 40 g Coriander
- 150 g Onion
- 80 g Thai Season paste
- 1-2 Eggs
- Lemon Pepper
- Salt and Pepper
- Breadcrumbs
- Plain Flour
- Oil
- Butter

This is a recipe I adapted from my Mum's fish cake recipe for tinned tuna or tinned Red Salmon.

I usually go half and half with the Australian Salmon and Potatoes and then do as I please with the remaining ingredients but the ingredients I've listed here should give you a guide. Mum uses instead of Thai Season Paste for her tuna or red salmon patties.

Boil the potatoes and mash. Don't overcook the potatoes or mash them to a pulp. Cook chopped onions on fry pan with oil Dice the salmon and put in boiling water and take out as soon as it is cooked. Drain salmon and put in bowl and break up into small pieces with a fork. Then mix with mashed potato and onions, garlic, lemon pepper and Thai seasoning. You can add some breadcrumbs so the mixture isn't too sloppy. Add salt and pepper to taste.

When the mixture has cooled down a bit, grab a hand full of mixture, roll into a ball and then flatten. Coat the rissole in flour, then dunk in egg and coat with breadcrumbs. Heat oil in fry pan and add a little butter and heat up the grill.

Cook each side of the rissole in the fry pan to get the golden colour. Then place rissoles on tray and place in grill to fully cook it.





Ingredients

- 450 g Australian Salmon fillets with the red bits removed and diced.
- ½ cup corn flour
- 1 tablespoon of fish sauce
- 3 tablespoons of fresh coriander (or you can use as much as you like)
- 3 teaspoons of Thai Red Curry Paste
- 2 teaspoons of fresh red chilies (or more if you like)
- 2 spring onions finely chopped
- Sweet chili sauce or other dipping sauce for serving.

Process the fish in a blender for 20 seconds or until smooth. Then add the cornflour, fish sauce, coriander, curry paste, and chilies and blend for a further 20 to 30 seconds. Transfer to a bowl and mix in the spring onions.

With wet hands, make roundish patties using two tablespoons of mixture per pattie. Cook the patty in a fry pan with oil on medium-low heat until golden brown on both sides. Drain oil off patties on a paper towel and serve with sweet chili sauce.

Smoked Australian Salmon fillets

Ingredients

- Salmon fillets with skin on
- Maple syrup
- Salt

This is a pretty simple recipe I got from Steve Samuels when I was trying to find out how to smoke trout. This recipe seems to work very well on Australian Salmon although I was not too impressed when I tried it on Tailor.

I like to season my fillets with plenty of crushed salt and then brush generous amounts of maple syrup over the fillets. I assume most people know how to smoke fish either in their smoker or on their barbecue.

If you don't have a smoker, you can probably use your barbecue to smoke the fish. I have a gas barbecue with a lid and I place a metal tray of wood chips from Barbecues Galore over the flame and under the grill side of hot plate. Once the wood chips are smoking, I just place the fillets skin side on the other side of the hot plate and close the lid for 15 minutes and they're cooked.



Cooking the Australian Salmon Coconut Curry.

I find curries are hit and miss for Australian Salmon, but this versatile recipe I recently discovered on YouTube works very well: Chickpea Curry - 5 Minute Dinner - YouTube.

I substituted the chick peas for Australian Salmon (after soaking in milk overnight to tone down its strong) and added capsicum and whole cherry tomatoes.

Ingredients

- 750 g Australian Salmon, diced
- 1 red onion
- 2 tablespoons olive oil
- 1 clove of garlic
- Thumb-sized piece of ginger
- 1 tbsp curry powder
- 1 tsp cumin powder
- 1 tsp ground coriander
- 1 tsp ground paprika

- 2 * 400g tin chopped tomatoes
- 400g tin coconut milk
- 1 tsp salt
- 1 tsp cracked black pepper
- 1 bunch of coriander
- Zest and juice of 1 lime
- 1 red chili
- 2 capsicums (chopped)
- 1-2 punnets cherry tomatoes

Heat the oil on a medium heat. Thinly slice the onion and garlic and add to the pan. Then add your spices and let them cook a little. Grate the ginger into the pan. Add thinly sliced chilli and diced capsicum to the pan.

Then add the tinned tomatoes, whole cherry tomatoes, coconut milk and diced Australian Salmon. Stir etc, adding salt and pepper to season.

The youtube video says this is a five minute recipe but I like to cook it a lot longer (and let the diced Salmon break apart a little).

Finish by adding chopped coriander (recipe calls for one bunch but I actually use two bunches), lime juice and zest, and season to taste. I sometimes add a little cornflour or arrowroot flour to thicken the sauce. Serve with rice and garnish with chopped coriander. This recipe also works well on chicken.





"Good cast!"

What makes a good cast? I could be glib and say the answer is the caster. But if that was all there is to it, this would be a pretty short article. Actually, there's a lot to think about in those two little words and this month I want to share with you my thoughts about what makes a good cast.

Fly fishers are generally very quick to acknowledge a good cast. I don't think I have ever been fishing with others and not heard someone exclaim "good cast!" Everyone makes good casts sometimes, even me. When a good cast is made, all fly fishers instinctively know and usually respond in a positive way. So how do we decide what is a good cast and feel the urge to utter those words of encouragement?

Our ultimate goal when we take up fly fishing it to catch a fish on fly. Therefore, we could define a good cast as one that catches a fish. Not all good casts catch fish and not all bad casts fail. But when someone says "good cast" they usually mean it is good enough to catch a fish. The rest is up to the fish.

There is a big difference between a "good cast" and "good casting". On the practice field we aim for tight loops, efficiency and a little bit of show. Good casting might be throwing a full fly line, hitting a target or laser sharp loops. On the water a good cast might be none of these. Making the world's longest cast is not going to catch a fish on a small trout stream. Laser tight loops are only going to give you grief casting three loch flies in the wind on a lake. A good cast is the result of hours of good casting on the grass but it takes more than that to prompt someone to tell you that you have made a good cast.

When I am fishing and tell someone they have made a good cast a lot of things influence my decision to comment. Sometimes it may just be as words of encouragement or sometimes even a sarcastic rebuke to suggest more care. However, most times when I say "good cast" I mean there is a good chance the cast will catch a fish. To be able to determine that, I have to know a lot about the fish and the approach needed to catch them. In my mind a good cast requires a number of fundamental elements that are more important than the mechanics of fly casting.

A good cast starts before the fly rod is even picked up. To catch a fish, you need to know as much as you can about your prey. To me, this is the first and most important element of making a good cast. You cannot make a good cast unless you know about where the fish lives, what the fish eat and the behaviour of the fish. This only comes from a lifetime of fishing, a lot of research, or a knowledgeable guide. That guide doesn't have to be a paid professional. Fishing with experienced friends gives you access to all of this information and you get the added bonus of a confidence boost when they say "good cast."

Let me give an example from my days in Tasmania drifting down the Macquarie River in February when the grasshoppers are out. Any cast that lands more than a foot from the bank doesn't rate as a good cast in my view. The loops might be perfect and the leader might turn over but unless the fly lands next to the bank it probably won't fool a trout. At this time of the year, the trout in the Macquarie roam the edges waiting for grasshoppers or whatever to fall in the river. This is where they live and feed. This is where you have to put your fly to make a good cast.



It is also important to know about the feeding habits of trout to make a good cast. Selecting the right fly is straight forward but presenting that fly to make the trout eat is another essential element of a good cast. Dropping a spinner pattern lightly along the

bank might work but slapping a big terrestrial down is going to have a better chance. The splash of the hopper and the movement on the surface, is what the trout are looking for, and a cast that makes the artificial do this is a good cast. Beginners often find casting to trout during the hopper season to their liking as they do not have to worry about delicate presentations. On the other hand, lack of accuracy can often bring them unstuck. Whenever a friend in the boat made a cast splashy enough to attract the trout (but not the cattle) I always said "good cast!"

A good cast to a trout may not look the same as a good cast to another fish ... such as a trevally. Trevally live in different habits, eat different food and display different characteristics. They're also bigger and too heavy for me to lift!



The story behind this fish involved a good cast. I know it was a good cast because my guide told me so ... and I caught the fish. It was my first big trevally on fly. I needed a long cast that landed the big popper in front of the fast-moving fish. I got the mechanics right and the fly went where it was supposed to. A few quick strips and the long battle began.

This was on Christmas Island (Kiribati) a few too many years ago. It was my first foray into saltwater fly fishing. Being a troutie, I had to do a lot of research and rely on the extensive knowledge of my guide to understand my prey. A cast close to the bank wasn't going to work nor was a delicate presentation. These fish roam the open water, swimming along the drop-offs chasing baitfish. A long, quick cast was essential. Casting a 12 weight in windy conditions wasn't easy and I still remember being rebuked by my guide for not loading the rod enough to reach the fish. When I finally got the fly in the zone, it was satisfying to hear the guide say "good cast!"

It's one thing to be good at casting and another to make a good cast. In both cases you need to be able to perform all the mechanics of casting well. This takes time and practice. Even becoming a casting instructor is no guarantee that you are going to make a good cast. It helps if you can present the fly where and how you want, but unless the cast has a good chance of catching a fish, it is not really a good cast.

Good casting comes from applying the essential mechanical movements to make the fly go where you want it to. You have to be able to cast accurately at any distance. You have to be able to make delicate or aggressive presentations as the case may be. But to make a good cast, you need more than mechanics. You need an understanding of where fish live, what they eat and how they behave. Whether you acquire that understanding through experience, research or others doesn't matter. Without knowing your prey, catching it will be very difficult. Those who catch know what a good cast is. When someone who knows tells you it is a good cast you had better get ready because it means you have a good chance of catching that fish.



Grand Slam Awards

To encourage members to improve their fly fishing skills, a series of awards is being implemented. These **Grand Slam Awards** have four levels (like the casting program) and members are can achieve an award by meeting the criteria listed. The fine details are still being worked out but if you want to get started, this is what you have to do:

Foundation Grand Slam.

This is for someone just taking up fly fishing and goes hand in hand with the Foundation Level of the Fly Casting Skills Development program.

The following three fish species must be caught on fly over the calendar year:

Mullet, Bream and Flathead.

Can be caught over any number of days Must be photographed with some means of verifying the date

Fish do not have to be legal size but if undersize MUST be released unharmed.



Bronze Grand Slam

Any three fish species from the list below must be caught on fly on the one day:

Mullet, Bream, Flathead

Must be caught on the one day Must be photographed with some means of verifying the date

Fish do not have to be legal size but if undersize MUST be released unharmed.



Silver Grand Slam

Any three fish species from the list below must be caught on fly on the one day.

Brown Trout, Rainbow Trout, (Redfin,
Herring or Bass)
or
Bass, Bream, Trevally
or
Whiting, Flathead, (Bream or Luderick)

Must be caught on the one day
Must be photographed with some means of
verifying the date and length.
Fish have to be legal size.



Gold Grand Slam

Any three fish species from the list below must be caught on fly on the one day.

Carp, Murray Cod, Yellowbelly or Rainbow, Brown, Brook Trout or Mangrove Jack, Bass, Bream or Salmon, Luderick, Kingfish or Dolphin Fish, Tuna, Mackeral or Queenfish, Barramundi, Permit or Tailor, Salmon, Dart

Must be caught on one day
Must be photographed with some means of
verifying the date and length
Fish must be legal size.





HALLOFFAME

FISHING

Foundation Grand Slam

Ray Phipps Michael Ferris Greg Artlett Jum Hyatt Brian Mighell Garry Bennett Anthony Heiser

CASTING

Foundation Level

Bill Anderson **Greg Artlett Garry Bennett** Mick Cannon Michael Ferris Ken Hollev David Lindsay Brian Mighell Stephen Mitchell Murray Robinson Nigel Smith Doug Urguhart Iim Wrav Ray Phipps David Small Steve Rampant

Bronze Grand Slam

Greg Artlett

Jim Hyatt

Brian Mighell

Michael Ferris

Ray Phipps

Garry Bennett

Anthony Hesier

Bronze Level



HALLOFFAME

FISHING

CASTING

Silver Grand Slam

Silver Level

Gold Grand Slam

Gold Level

Allan Ekert

Our Supporters

These people have all helped our club in one way or another. When you are looking for products and services make sure you consider them first

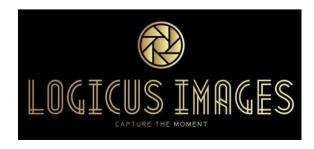














Membership Fees

Membership Fees are as follows:

Adult membership \$30

Family membership \$40

Concession membership \$20

Junior membership free

Distant membership \$10

The membership year runs from 1^{st} July to 30^{th} June.

Family membership is available for a group of two or more persons related by birth, marriage, de facto relationship or adoption who live together.

Concession membership is available to pension card holders (including disability support and aged), Centrelink and Veterans Affairs cardholders

Distant membership is available to anyone living more than 80km from Coffs Harbour.

Junior membership is available to anyone attending primary or secondary school.

Fees can be paid:

- 1. **In cash** or by **cheque** at the next meeting or fly tying night. (cheques made payable to Coffs Coast Fly Fishing Club Inc.
- 2. **By cheque** posted to:

The Secretary Coffs Coast Fly Fishing Club 11 Butterfly Close Boambee East NSW 2452



3. **Direct deposit:** Bananacoast Community Credit Union



BSB 533 000

Account Number: 02051766

Name: Coffs Coast Fly Fishing Club Inc

Reference: Your surname

When depositing, make sure you include your surname in the Reference section.

e.g. Ekert Membership.

Club Contact Address

Our official email address is

coffscoastflyfishers@gmail.com

Our mailing address is:

The Secretary

Coffs Coast Fly Fishing Club

11 Butterfly Close

Boambee East

NSW 2452

Electronic Contacts

We have a Coffs Coast Fly Fishing Club website which can be found at:

http://coffscoastflyfishing.weebly.com/.

If you find problems with the website such as broken links please email the Secretary so they can be rectified.

Our Facebook Page can be found at:

https://www.facebook.com/coffscoastflyfishing/

We have a **Facebook Group**. If you are on FB all you need to do is search for Coffs Coast Fly Fishers and ask to join the Group

Coffs Coast Fly Fishing Club Inc.

Membership Form

I apply for Me ☐ Adult \$30	-	•	embership category <i>(tick appropriate b</i> ☐ Junior - Free ☐ Distant \$10	oox):
Please fill all	information below:			
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Signature of L	egal Guardian if for Juni	or member:	Date:	
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The Secretary	y Fishing Club		Direct Deposit: BSB: 533 000	
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Notes

Club Membership Definitions:

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Junior membership is available to anyone attending primary or secondary school.

Distant membership is available to anyone living more than 80km from Coffs Harbour. Distant Members are entitled to all the benefits of club membership and are covered by public risk insurance.

Fees:

Our preferred method of payment is Direct Deposit. When making a **Direct Deposit** please ensure you include in the Reference: your **Surname** so the payment can be identified by the Club Treasurer and a receipt issued.

Fees can be paid in **Cash** or by **Cheque** at a meeting or club outing. Cheques to be made payable to **Coffs Coast Fly Fishing Club Inc**.

Completed Membership Forms:

Can be scanned and emailed to the Secretary at ccffc@tpg.com.au.
Can be hand-written and handed to the Secretary at a meeting or event.
Can be posted to the Secretary at the above address.

All information supplied will be held in Club records and will only be available to financial Club members, if approved by the applicant as indicated on their Membership Form.