

Official Newsletter Of The (Fly



# THE FLYER

# THE OFFICIAL NEWSLETTER OF THE COFFS COAST FLY FISHING CLUB DECEMBER 2019

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**Cover:** Why New Zealand is considered one of the best trout fishing destinations in the world; photo courtesy Jason Stratford.



**Below**: More North Island New Zealand magic from the camera of Jason Stratford.





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# Editorial

This is the final newsletter of the year. It has been a very successful twelve months. Our membership has grown, participation in events has grown and even our bank balance has grown. We will be starting 2020 with a comprehensive program of outings, activities and meetings. It will be something to look forward to over the holiday break. I'm also looking forward to not having to produce a newsletter until February next year.

As you might tell from the cover there is a New Zealand flavour to this edition. With drought and bushfires ravaging the New England Tablelands a trip to the land of the long white cloud is a welcome relief. Jason Stratford, with some friends from neighbouring clubs, has just returned from the North Island where the fishing and scenery is arguably the best in the world. You can read Jason's report and see the photos on page 10.

Along with fellow club members Jim, Brian and Mick, I am off to the South Island not long after I send this newsletter on its way. North or South doesn't matter much when it comes to visiting New Zealand as both islands offer fishing we can't find here in Australia. The New England, the Snowies and Tasmania all have a special appeal but for me nothing comes close to what is on offer in NZ. We are still working on the idea of a club trip to New Zealand next year so watch this space. The only problem with a trip to New Zealand is that one is never enough.



Listening to a podcast the other day made by some well known young Australian fly fishers the point was made that social media has changed the game for fly fishing clubs. With so much information easily available and contact with other fly fishers at your finger tips, fewer and fewer people are joining clubs. We have managed to buck that trend by offering opportunities for people to meet and learn from each other and have access to qualified instructors and experienced fly fishers. Couple that with a variety of outings for people to attend and a friendly and welcoming atmosphere and you understand why 58 people have signed up this year.

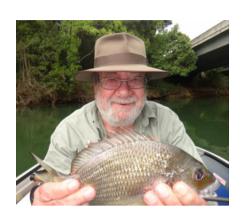
Finally I would like to thank all the members who have contributed to making this a great year at the Club. A special thanks goes to the members of the committee who have driven the club forward with their enthusiasm and vision.

Compliments of the season to you all and I look forward to seeing you on the water or at a club event in 2020.

# **Club Executive 2019-20**



Doug Urquhart President



Kevin Cosgrove Vice President



Allan Ekert Secretary, Public Officer and Newsletter Editor



Walter Krainik Treasurer



Rod Leane Assistant Secretary



**Don Cummings Committee** 



David Moppett Club Captain



Glenn Colquhoun Committee



Brian Bevan Committee

# **January 2020 Meeting**

There will be no meeting in December.

The next meeting of the club will be on Monday 20<sup>th</sup> January 2020. This won't be a regular meeting but a social outing with BBQ and casting. The venue will be the park at Mylestom. Time will be 5.00pm to 8.30pm.



Family and friends are invited to come along and participate in what is planned to be a social occasion with no club business on the agenda. Sausage sandwiches will be provided or you might like to bring a salad and cook your own steak or fish. Tea/Coffee and water will be available.

As well as sitting around talking (probably a good idea to bring a chair) there will be some casting games and fun activities for everyone. This year we have collected some great prizes for the winners. And for those who need casting instruction there will be people available to help.



You will get an email early in the new year to remind you of this special gathering and of our first regular meeting for the year which will be the third Monday in February.

# **December Outing**

There are no outings planned for December.

If you get to read this before Saturday 30<sup>th</sup> November there is a club outing to Urunga as a follow up to the Estuary Workshop. It is open to all club members. We are meeting at the boat ramp at Urunga next to Anchors Wharf at 8.00am on Saturday morning. We plan to fish the flats for any flathead that are game enough to come out again after the recent Flathead Tournament. You can fish wherever you want but if you need some help we will have boats and people able to give you a hand.

We will meet back at the ramp around 12.30pm for a sausage sandwich (provided) and a chance to brag about all the fish caught.



If you want to organize an outing over the holidays don't forget we have a Facebook Group where you can create your own outing. If you are looking for someone to go fishing with for a day, weekend or week you can post the information on Facebook and see if any other members would like to join you.

For those who are new to the club and/or new to Facebook I have included an article from an earlier newsletter with details about our club's presence on FB. Go to page 25.

# **Club Calendar 2019**

Here is the club calendar for 2019. There are still opportunities to make changes and the details will be filled in as the year progresses. Check the monthly newsletter or website for details.

Month	Outings	Activities
JANUARY	No outing this month Casting night at Mylestom starting at 5.00pm on Monday 21 <sup>st</sup> .	No Fly Tying <b>Club Meeting</b> Monday 21 <sup>st</sup>
FEBRUARY	Lake Keepit Friday 8 <sup>th</sup> - Sunday 10 <sup>th</sup> <b>Cancelled Moonee Creek</b> Saturday 9 <sup>th</sup>	<b>Fly Tying</b> Monday 4 <sup>th</sup> Club Meeting Monday 18 <sup>th</sup>
MARCH	Forster Fly Muster (15 <sup>th</sup> /16 <sup>th</sup> /17 <sup>th</sup> ) <b>Bass Bash</b> Saturday 16 <sup>th</sup> Postponed <b>Ebor</b> Saturday 23 <sup>rd</sup> Postponed	No Fly Tying <b>Club Meeting</b> Monday 18 <sup>th</sup>
APRIL	Casting Day Saturday 13 <sup>th</sup> Home Waters Saturday 27 <sup>th</sup>	No Fly Tying <b>Club Meeting</b> Monday 15 <sup>th</sup>
MAY	Trout Workshop Saturday 11 <sup>th</sup> <b>Home Waters</b> Saturday 25 <sup>th</sup>	Club Meeting Monday 20 <sup>th</sup>
JUNE	<b>Bluewater</b> Saturday 22 <sup>nd</sup> or Sunday 23 <sup>rd</sup> depending on weather	Fly Tying Monday 3 <sup>rd</sup> Club Meeting Monday 17 <sup>th</sup>
JULY	<b>Dunmore Waters</b> Fri 26 <sup>th</sup> - Sun 28 <sup>th</sup>	Club Meeting Monday 15 <sup>th</sup>
AUGUST	<b>Home Waters</b> Saturday 10 <sup>th</sup> <b>Swansea</b> Friday 23 <sup>rd</sup> - Sunday 25 <sup>th</sup>	Club Meeting Monday 19 <sup>th</sup>
SEPTEMBER	Brisbane Casting Day Sunday 1 <sup>st</sup> Estuary Workshop Saturday 14 <sup>th</sup> The Gorge Clarence River Friday 20 <sup>th</sup> - Sunday 22 <sup>nd</sup>	Club Meeting Monday 16 <sup>th</sup>
OCTOBER	<b>Dorrigo trout day</b> Saturday 26 <sup>th</sup>	Club Meeting Monday 21st
NOVEMBER	Urunga Flathead Tournament 9 <sup>th</sup> -11 <sup>th</sup> Home Waters Saturday 16 <sup>th</sup> Home Waters Saturday 30 <sup>th</sup>	Club Meeting Monday 18 <sup>th</sup>
DECEMBER	No Outing in December	No Club Meeting

If you want to organize additional outings don't forget we have a Facebook Group where you can create your own outing. If you are looking for someone to go fishing for a day, weekend or week you can post the information on Facebook and see if any other members would like to join you.

## **Club Calendar 2020**

Here is the draft club calendar for 2020. It is provided to give you an overview of what might happen and an opportunity to plan ahead. Alternative venues have been included to be decided as we get closer to the date. Check the monthly newsletter or website for latest details.

Month	Outings	Activities
JANUARY	No outing this month <b>Casting</b> at Mylestom at 5.00pm on Monday 20 <sup>th</sup> .	<b>Club Meeting</b> at Mylestom Monday 20 <sup>th</sup>
FEBRUARY	Bass Workshop Saturday 22 <sup>nd</sup> Bass Outing Sunday 23 <sup>rd</sup>	Club Meeting Monday 17 <sup>th</sup>
MARCH	Clean Up Australia Day Sunday 1 <sup>st</sup> Forster Fly Muster (TBA) Tasmania or New Zealand Fri 6 <sup>th</sup> - Sun 15 <sup>th</sup> Home Waters Saturday 21 <sup>st</sup>	<b>Club Meeting</b> Monday 16 <sup>th</sup>
APRIL	<b>Keepit</b> or <b>Chaffey</b> or <b>Wyaralong</b> Fri 17 <sup>th</sup> - Sun 19 <sup>th</sup> <b>Home Waters</b> Sunday 26 <sup>th</sup>	<b>Club Meeting</b> Monday 20 <sup>th</sup>
MAY	Home Waters Saturday 9 <sup>th</sup> Trout Workshop or Casting Day Saturday 23 <sup>rd</sup>	<b>Club Meeting</b> Monday 18 <sup>th</sup>
JUNE	Lake St Clair Friday 12 <sup>th</sup> - Sunday 14 <sup>th</sup> Queensland Trip Sunday 21 <sup>st</sup> - Sunday 28 <sup>th</sup> Home Waters Saturday 27 <sup>th</sup>	<b>Club Meeting</b> Monday 15 <sup>th</sup>
JULY	Fly tying Day Saturday 4 <sup>th</sup> July Dunmore Waters or Two Styx Fri 24 <sup>th</sup> - Sun 26 <sup>th</sup>	Club Meeting Monday 20 <sup>th</sup>
AUGUST	Home Waters Saturday 8 <sup>th</sup> Swansea Salmon Classic TBA	Club Meeting Monday 17 <sup>th</sup>
SEPTEMBER	Casting Day Saturday 5 <sup>th</sup> Jackadgery or Copmanhurst Fri 18 <sup>th</sup> - Sun 20 <sup>th</sup>	Club Meeting Monday 21st
OCTOBER	Home Waters Saturday 31 <sup>st</sup> Dorrigo or Ebor Saturday 17 <sup>th</sup>	Club Meeting Monday 19 <sup>th</sup>
NOVEMBER	Urunga Flathead Tournament TBA Home Waters Saturday 21 <sup>st</sup>	Club Meeting Monday 16 <sup>th</sup>
DECEMBER	<b>Home Waters</b> Saturday 12 <sup>th</sup>	No Club Meeting

If you want to organize additional outings don't forget we have a Facebook Group where you can create your own outing. If you are looking for someone to go fishing for a day, weekend or week you can post the information on Facebook and see if any other members would like to join you.

# **Bushfires**

During the recent fires around Ebor we came close to losing the Dutton Trout Hatchery. The hatchery is the reason we have a viable trout fishery so close to Coffs Harbour. The fishing doesn't compare with New Zealand but they don't have to battle droughts and bushfires as severe as we experience here. Fortunately there was no major damage and as long as we get some rain they will be producing the thousands of fry needed to restock our streams again next year.





Closer to home some of our members have been doing it tough protecting their homes and farms from the fires. President Doug has been kept busy keeping his house safe and helping the rural fire service tame the fires around his district.





# **New Zealand (North Island) Report**

### **Jason Stratford**

A couple of weeks 'over the dutch' chasing 'wee troot' with a group of mates is now done. We fished the Waioeka River whilst based at the Wairata Station Farmstay, the Ruakituri River and feeder streams while based at a mate's house located right on the Ruakituri river AND the Koranga River basing ourselves at the Toutouwai Cabin on Koranga Station.



Image: Ruakituri 'Eco Retreat' sitting high over the river with the 'home pool' in the foreground. The group finished most days with a couple of gents dropping down to the river to pin a last few fish, before retiring to the house to share good food, good company, good whiskey and stories of the day's events.

For the most part the weather / river conditions during the trip were great and while we did lose a couple of days following heavy rains that blew out the Ruakituri River when fishing there...it's that location which sits as my trip favourite.





Image: Confluence of the Ruakituri River and one of several silt laden feeder streams that 'colour' the main river after rainfall. When the rain settles, heading upstream of these 'dirty' streams can offer some fishing opportunities well before the colour recedes in the lower reaches.

The Ruakituri is a textbook 'nymphing' river and while some dry fly options exist at times of the day / year, the benchmark rig is most certainly a Hare & Copper with an unweighted 'Ruakituri Hopper' (essentially a spider variant) trailing about 50cm behind - all fished under the indicator of your choice.



Image: A size 12 'Ruakituri Hopper' (upper left) and size 14 Hare and Copper nymph are the 'go to' Team for most conditions. Size up the nymph when fishing coloured water or during higher flows.

The fish higher up in the river system average in the 3.5lb range and would tend to favour the H&C early in the day and the Hopper throughout the brighter parts of the day into the afternoons. As indicator nymphing was so successful, I didn't persist with tight line nymphing or fishing streamers for any length of time. On the occasions where I did 'swing' some bigger meaty flies...I quickly learned that heavy tippets are your friend (2 immediate bust offs on the grab while using 7lb fluorocarbon).

While I fished an 8' 4wt mainly and at times a 9' 5wt when the wind got up...an 8'6" 5wt is probably the ideal 'all-rounder' for these locations. Going to a 9' 6wt when winds are high in the more open / larger water areas at the Ruakituri / Waioeka rivers would still be beneficial OR when river flow requires you to chuck heavier nymph rigs to get down to the fish. A couple of the guys did give the 'two handers' a run and these proved quite effective in reaching sections of the river that the single hander guys hadn't fished and managing complex currents with that extra reach of the longer wands.



Image: Two handers are a benefit when conditions require the angler to 'send it'!!!

I was very fortunate to spend half a day being 'guided' by one of the Aussie co-owners of the Ruakituri house. He's been fishing the river extensively for nearly 2 decades - so knows the place intimately. 10 fish over 50cms on that outing certainly made for a memorable day!

However, the trip highlight was sighting a decent fish in fast flowing pocket water, which I offered up to my fishing 'partner' as I intended to film / photograph the action. Due to very strong and variable winds AND the tight cast needed to get the flies to where the fish was holding (below an overhanging section of river bank)...my partner's initial cast unfortunately got 'hung up' directly above the fish's location. Instead of snapping the flies off, with the result being a likely spook, he laid his rod to the side and climbed out of the water allowing me to take a shot. I dropped down to the same spot to try and put a cast in.

The conditions were made more difficult by the hung up flies / leader but I was able to place a cast where it needed to be and the result was a hook up with a very feisty brown. The fish flopped about the pocket a bit before turning downstream and heading over a series of waterfalls. This required a 'careful' chase in the bouldery rock lined country. (I had several falls chasing fish on previous days so had learned quickly to slow down when a chase was needed!).

The fish reached the bottom pool then turned and fought its way back up the waterfalls – all before I got any sort of control. All this effort meant the fish essentially burned itself out and with some solo landing work, I had a fish pushing very close to 6lb hanging well out of my very undersized net.

While it was certainly not a NZ 'monster' by any means...it would be a 'trophy' fish if landed in Australia.



Image (frame from a video taken at some distance): While I don't need to buy a JEEP...I did think 'you're gonna need a bigger net!!!"

All of the group caught good numbers of fish during the trip and no report could go to print without at least a few 'grip 'n' grins'. Some show happiness at the catch...while others some relief after more torrid 'tussles' with worthy adversaries in 'pretty' locations



Image: Smooth casting SEQFF member Peter Glasson looking relieved after landing this pretty Koranga River rainbow.



Image: SEQFF member Tony Brunker with one of the many Koranga River rainbows he landed.

NZ holds high attraction when trout are to be the target during a group tour like this. NZ fish are for the most part, bigger and more plentiful, the scenery just sublime and its often more cost effective to spend a few weeks in NZ than it is to head to the Snowys here in Aus. For those reasons, we all plan to head back and send this parting message to those UnZed salmonids...



Cheers

Jason

# **Fly Tying**

I'm taking 2 nymph boxes to New Zealand ... just in case. I'll probably only use one or two patterns but the dilemma is which ones. If I had to restrict myself to just one fly...... my mind would explode! If I really had to choose just one fly I think I would find myself agreeing with our guest fly tyer, Jeff Yates, in selecting a black nymph. My heart would choose a dry fly but my mind would go with the nymph.





This month our guest fly tyer, who is looking younger and younger each time I see a photo, talks about the one fly he would use in rivers and lakes in summer and winter to have the best chance of catching a fish. I think I would be happy with a box full of black nymphs as long as I could have various sizes, weights and a few different colours ... but that would be cheating. I could live with black, especially in Tasmania, but I would even be happy to take a box full of black nymphs to New Zealand. Fortunately, I don't have to restrict myself and there will be three boxes of flies accompanying me across the ditch.... and maybe even a fourth (just in case) if I have time to tie some more flies. **Editor** 





# **The Black Nymph**

By Jeff Yates

If I were to challenge you to choose one only fly, and fish it with confidence and catch fish, then what would it be?

The fly would have to work in both summer and winter, in dams and in rivers and on risers and deep swimming fish.

We are indebted to G.E.M.Skues among other things, for his particular method of tying as well as his imitations of nymphs. He wrote 2 books early last century, 'Minor Tactics of the Chalk Stream' and 'The Way of a Trout with the Fly' in which is first described nymph patterns. He is often referred to as "the father" of nymph fishing.

Well, what is a nymph? Greek mythology generally regards them as divine spirits who animate nature, and are usually depicted as beautiful, young nubile maidens who love to dance and sing, however, let's not get too carried away, as our nymphs are designed to resemble the immature form of aquatic insects and small crustaceans. Considering 90% of trout food is subterranean, it's a good chance that nymphs would be on their menu.



Large trout with live nymphs still in her mouth



So my choice for a single fly is the black nymph size 12 or 14. The ties are numerous and varied. Some, like Greg French, tie a large fluffy fly, which is ok in Tassie on the tadpole feeders, but would probably scare hell out of those small river trout. I like to tie a fairly classic shape, which can be weighted (use a red thread at the eye to indicate added weight), or unweighted which will slowly sink of its own accord or float with the aid of floatant on the leader.



Number 14 black midge nymph











Nymph caught brown on the Eucumbene River.

# Black Nymph



Use nymph fly hooks in size 12 – 16



Tie in a bunch of 10 black cock hackles to form a tail, and tie in light gauge silver wire.



Dub 2/3 of the shank with possum/antron mix or seal fur in a slight cigar shape. Run wire in even spirals and tie off.



Tie in a section of duck wing feather or crow feather for the carapace.



Dub the head section of the fly and pull feather over and tie off at the eye. Tease out a little fur and cement the head.



Use a red head to indicate added weight, which can be as simple as a few turns of lead wire or bead heads.



#### December 2019

#### **Casting as Therapy**

The 19<sup>th</sup> Century American essayist, poet, and philosopher, Henry Thoreau<sup>1</sup>, wrote: "*Many men go fishing all of their lives without knowing that it is not fish they are after*." Despite the fact that he probably wasn't writing about fly fishing or his reference to men probably didn't include women, I find myself in harmony with his thoughts. There is more to fly fishing than catching fish. This month I want to write about how the art of fly casting can be an end in itself and one of the many reasons for our lifelong passion for the sport.

If you have ever been asked about why you fly fish I bet you never started your answer with the words "to catch fish." Once you add the word "fly" to fishing it opens up a whole new way of looking at the sport. Of course you fly fish to catch fish but the process often becomes just as important as the end product. When I think of why I fly fish I think of the relaxation it provides, the places it takes me, the people I meet, the challenges I face and the level of skill and knowledge I have to acquire to achieve my goal. I think this video from Wesley Johnson sums it up: <a href="https://vimeo.com/187904860">https://vimeo.com/187904860</a>

Of all these reasons to fly fish let's just concentrate on the casting – after all that's what this column is all about. Casting is the means by which we try to catch our fish. In fly fishing casting is different because we are trying to cast a near weightless "bait." You can't do this with a conventional rod and reel and so we have to use a different approach. A weighted line, a longer rod and a backward and forward stroke are the hallmarks of fly casting. It is this backward and forward motion of the fly rod that can be the source of great physical and mental benefit – and the cause of much anguish to the beginner!

For three years now, the New England Trout Acclimatization Society has conducted fly fishing days for women with breast cancer at the Dutton Trout Hatchery at Ebor. Secretary Laurie Muldoon and Kate Guthrie from YWCA Encore<sup>2</sup>, have led a very successful program supported by NSW Department of Industries - Fisheries. With the help of fly fishing club members from across the region women get to experience the gentle, rhythmic motion of fly casting. The act of casting a fly rod is similar to the types of exercises often prescribed by a surgeon after surgery or radiation to promote soft-tissue stretching. For these ladies there are genuine physical benefits to fly casting.



It's not only women with breast cancer who experience physical gains by fly casting. Anyone with the need to exercise can benefit from casting. It doesn't require great strength and can engage muscles in the hands, arms, shoulders and right down to the legs. There's also the benefit that it usually takes place outdoors which involves giving up some of our sedentary lifestyle. If that sounds like just what the doctor ordered you are right. There is, however, one caveat to using fly casting to aid physical recovery or promote physical activity and that is the risk of over doing it. Too much casting can lead to other problems such as rotator cuff tears and the like. Cast in moderation and learn to stop if something hurts and you will find yourself casting not just for the fish but for the physical benefits that will come your way.

Another 19<sup>th</sup> Century writer James A. Hensall, MD<sup>3</sup> wrote about the mental benefits of fly fishing. Hensall was an avid fly fisher and physician. He wrote about the allure of fly fishing which went well beyond catching fish. "Fly-fishers," he said, "are usually brain-workers in society. Along the banks of purling streams, beneath the shadows of umbrageous trees, or in the secluded nooks of charming lakes, they have ever been found, drinking deep of the invigorating forces of nature—giving rest and tone to over-taxed brains and wearied nerves—while gracefully wielding the supple rod, the invisible leader, and the fairylike fly." I may not agree with Hensall about most fly fishers being brain workers – I have met a few with neither brain or work – but he has made the point that fly fishing is good for the mind and soul much more eloquently that I could.

The repetitive back-and-forth motion of casting a fly line sits nicely with modern day thinking about the place of mindfulness and meditation in reducing stress in our lives. When you are focusing on how to make the cast and where you want the fly to land you have to break the train of everyday

thought and focus on the moment. Forget the colouring pencils or yoga and go pick up a fly rod and start casting. You over-taxed brain and weary nerves will thank you. Programs such as Project Healing Waters<sup>4</sup> use casting to help veterans manage stress, relax and recover. The simple routine of fly casting is used as a therapeutic tool to take their mind off their problems and focus on the positive. The act of casting can help us all with our mental well being.



If we only judged the value of fly fishing by the fish we caught I am sure it would be a dying sport. Fly fishing is growing around the world because it is a sport which benefits mind, body and soul. In this column I often proclaim the benefits of practicing your casting as a means to catching more fish. Fly casting can be more than the fish you catch. It can be an end in itself and a vehicle to better health and wellbeing. Get out there and practice!

<sup>&</sup>lt;sup>1</sup> Henry David Thoreau (b. 1817-d. 1862) is best known as the author of *Walden* (1854), a pivotal work in American nature writing, and "Civil Disobedience" (1849), an influential call to resist war and slavery. Thoreau's career as a writer and lecturer centered on nature but also included influential writings on ethics, politics, and religion.

<sup>&</sup>lt;sup>2</sup> **YWCA Encore Program has been** operating in Australia for over 30 years helping both men and women recovering from breast cancer treatments by restoring strength, mobility and flexibility as well as developing confidence and general wellbeing.

<sup>&</sup>lt;sup>3</sup> James Alexander Henshall (February 29, 1836 – April 4, 1925) was an author on fishing. He was known as the "apostle of the black bass" His book *Bass, Pike, Perch and other Game Fishes of America* (1903) is part of the <u>American Sportsman's Library</u>.

<sup>&</sup>lt;sup>4</sup> Project Healing Waters Fly Fishing, Inc. began in 2005 in America dedicated to the physical and emotional rehabilitation of disabled active military service personnel and disabled veterans through fly fishing and associated activities including education and outings.

# **Beginners Corner**

At our last meeting Garry Hambly from A1 Flyfishing gave a very informative talk on fly lines. I have tried to summarize some of what he had to say. To get the full story you need to come to meetings.

Fly line choice for the beginner can be very confusing. Major manufacturers like RIO, Scientific Anglers, Airflo, and Cortland make hundreds of different lines to suit every type of fly fishing scenario conceivable. Whether you want to catch a bonefish, tarpon, permit, trout or GT these companies make a line specifically for the job. Garry has developed his own series of fly lines which he sells under the South Pacific brand. He has a variety of lines which will suit the beginner and experienced fly fisher alike, at prices much less than the major manufacturers. You can check out his lines at:

http://www.a1flyfishing.com.au/shop/fly-lines-leaders-loops/cat 10.html



If you are beginner you may be thinking about stopping reading now as you struggle with the thought you are going to need a different fly line for every species of fish you chase. Don't despair because I am not going to write about all these lines you might buy one day when you really get hooked on fly fishing. This is Beginners Corner so let's start at the beginning.

The fly line is the most important part of your setup because it is the weighted fly line that delivers your fly. If you are interested in trout you would probably start with a number 5 or 6 weight forward floating line. If your interest is in bigger fish in the salt you might start with a number 7 or 8 weight forward floating line. With this one line you could probably fish happily for many years ... but you won't!

But what do those numbers and words mean? Let's take a closer look. Here are a couple of fly lines I use for fresh and saltwater:



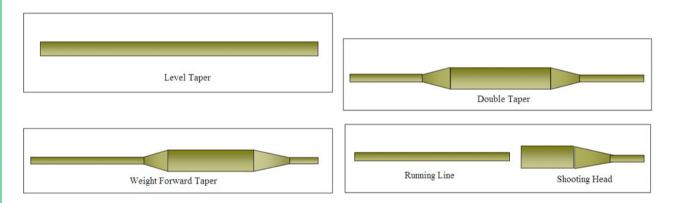


To find out about these lines we have to look at the details on the box. As I am a troutie I am going to concentrate on the trout line. Its details are printed below: Don't worry about the marketing words "Bandit" and "Camo" and just concentrate on the WF5F.

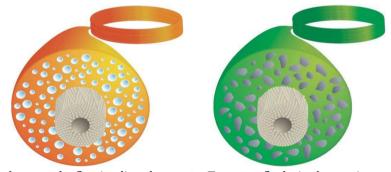


The number **5** refers to the weight of the line and therefore the weight of the rod which will probably work best with that line. A 5 weight line can be used on a rod marked 4, 5, or 6 so don't be afraid to experiment. How the weight of the line is determined is something beyond the beginner's level that this is aimed at.

The **WF** stands for weight forward. This refers to the taper of the line. Most beginners start with a weight forward line and many people stick with one all their lives. A Weight Forward fly line, as the name suggests, has more weight in the front half of the line hence it casts better in windy conditions, loads easier for short casts and also will cast longer distances. Although this is a generalization that I don't totally agree with there's no reason for most people to ever use anything but a WF line for all their fly fishing situations. There are other tapers you can find out about when you have time to do some reading or Googling.



The **F** stands for floating. Fly lines either float or sink. To make the line float glass spheres are injected into the plastic coating. To make the fly line sink tungsten is injected into the coating. All fly lines have a core of material which is used to strengthen the line. Cores can be monofilament, multifilament, Dacron or Kevlar. Most trout lines have a braided multifilament core.



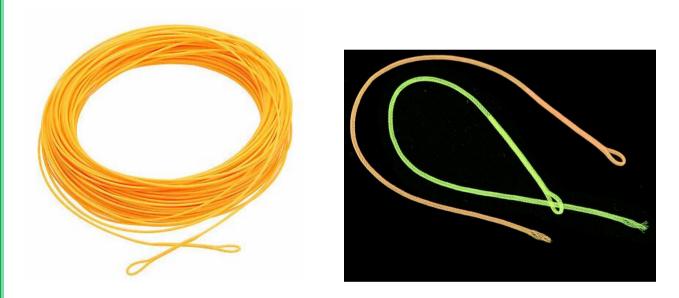
Tiny microspheres make floating lines bouyant. Tungsten flecks in the coating make them sink.

Many fly lines are now being made with non stretch cores for which there are pros and cons. As a beginner you may just want to stick with the original stretch lines.

Just to confuse the issue even further, fly line coatings are made with different plastics. Most are made with PVC while Polyurethane and Polyethylene are also used. Again, you can do some reading or Googling to help you with your decision but at this stage of your fishing journey it's not critical which one you choose.

Fly line colour is a matter of personal choice. If the fish you are chasing are very spooky you will probably want a line that doesn't stand out. If you are serious about learning to cast you will probably want a bright colour so you can see your loops. For your first line maybe go for something in white or blue or green depending on the background colour of where you might be fishing. If you have the right leader and know how to cast it the line colour probably won't matter. But that's a discussion for another day.

Most fly lines these days come with a welded loop on the end. This makes changing leaders easy. When you start fly fishing you will probably change your leaders often due to tangles so a loop to loop connection makes good sense. You can make loops on fly lines that don't have them but learning how comes in flylines 201.



If you are only going to have one fly line then stick with a weight forward floating line of the appropriate weight for your flies and rod. If you need to get your fly down deeper you can use a weighted fly, a longer leader or a sinking polyleader (Google it).

When you are ready for your second fly line you will probably look for a weight forward floating sink tip. This is a line like the Estuary Environs line from SP shown above. Sink tip lines ( $\mathbf{F/S}$ ) float but have about 10-15 feet of sinking line on the end. More useful for saltwater work there are times when trouties will use them in lakes and large rivers. Once you have your second line you are probably no longer a beginner.

My apologies to Garry for my inadequate summary of his talk but you had to be there to get the full picture. I'm sure if you got in contact with Garry he would only be too happy to expand on this topic and help you make your choice of a suitable fly line.

Editor



I have to admit I have struggled with the use of Facebook for our club and for personal use. I understand how it works (sort of) and how it can be a means of communication about the club and within the club, but I don't know enough about how to make it work best for us. Fortunately, Don and David have taken up the running on Facebook and have made some changes to make it easier for people to use.

Before I go any further there are three very important things you need to know about our Club Facebook presence:

1. You need to have a personal Facebook account which you set up for yourself before you can interact with our Facebook sites.

https://www.facebook.com/help/345121355559712

- 2. We have two Facebook sites. One is a **Page** and one is a **Group**. The difference will be explained below.
- 3. Our Facebook **Page** and **Group** are both public. Anything you post can be seen by anyone who has access to a computer.

#### **Pages and Groups**

Pages and groups are fundamentally different.

Pages are similar to personal profiles on Facebook. But instead of it being a profile about you personally, a **Page** is a profile for the Club.

The Club **Page** looks like this:



The Club Facebook **Page** is **Coffs Coast Fly Fishing Inc**. This is the official name of the club. The cover photo may change from time to time but if you look for the official name you will know you are on the Facebook **Page**. This **Page** is used:

- To establish an official presence for the club
- To make announcements and updates about the club
- To establish what the club is about and our values.

You may comment on the updates and announcements and post your own contributions. However, this site is primarily for disseminating information and not interacting. Once you have "liked" this page any posts will show up on your personal news feed.

#### **Groups**

Groups are something entirely different. While **Pages** are essentially maintained and updated by the administrators, Facebook **Groups** are maintained by everyone who wants to belong to the group – even non club members. Our Facebook **Group** looks like this:



The Club Facebook **Group** is **Coffs Coast Fly Fishers**. This name is used to help differentiate the two sites. The cover photo may change from time to time but if you look for **Coffs Coast Fly Fishers** you will know you have found the Facebook **Group**. This **Group** is used for:

- Posting photos
- Requests for help
- Starting discussions
- Sharing knowledge and ideas

Our Facebook **Group** is open to anyone but you have to be approved by an administrator. This is done by asking a few simple questions to ensure members are real people with an interest in fly fishing. Once you become a member of the group, you can start posting. Posts will show up in your news feed. The **Group** is moderated by administrators who make sure that inappropriate or abusive posts are removed.

If you managed to read all this and understand it ... well done. Now you can explain it to me! The take home message is quite simple:

#### Read in Pages... Post in Groups



# **Membership Fees**

Membership Fees are as follows:

Adult membership \$30

Concession membership \$20

Junior membership free

eMembership free

The membership year runs from 1<sup>st</sup> July to 30<sup>th</sup> June. If paying membership after December fees will be reduced by 50%.

<sup>1</sup> Concession membership is available to senior cardholders, pension card holders (including disability support and aged), Centrelink and Veterans Affairs cardholders

<sup>2</sup> eMembership replaces Distant
Membership and is available to anyone not
wanting to attend meetings or events but
still retain the other benefits of club
membership. eMembers are not covered by
Club Insurance. eMembers wanting to
participate in an event or meeting must pay
to become full members.

<sup>3</sup> Junior membership is available to anyone attending primary or secondary school.

Fees can be paid:

- 1. In cash or by cheque at the next meeting or fly tying night. (cheques made payable to Coffs Coast Fly Fishing Club Inc.
- 2. **By cheque** posted to:

The Secretary Coffs Coast Fly Fishing Club 11 Butterfly Close Boambee East NSW 2452

#### 3. Direct deposit:

BSB 062-678

Account Number: 10333424

Name: Coffs Coast Fly Fishing Club Inc

Reference: Your surname

If you are making an electronic deposit please send an email to <a href="mailto:ccffc@tpg.com.au">ccffc@tpg.com.au</a> to indicate you have paid as we do not have online access to our account. When depositing make sure you include your surname in the Reference section. e.g. **Ekert Membership**.

#### **Club Contact Address**

Our official email address is <a href="mailto:ccffc@tpg.com.au">ccffc@tpg.com.au</a>.

Our mailing address is:

The Secretary

Coffs Coast Fly Fishing Club

11 Butterfly Close

**Boambee East** 

NSW 2452

#### **Electronic Contacts**

We have a Coffs Coast Fly Fishing Club website which can be found at:

http://coffscoastflyfishing.weebly.com/.

If you find problems with the website such as broken links please email the Secretary so they can be rectified.

Our Facebook Page can be found at:

https://www.facebook.com/coffscoastflyfishing/

We have a **Facebook Group**. If you are on FB all you need to do is search for Coffs Coast Fly Fishers and ask to join the Group. Currently there are 247 members in this group.



# Coffs Coast Fly Fishing Club 2019 Club Calendar

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
1	Tu	Fr	Fr	Mo	We	Sa	Mo	Th	<b>Su</b> Brisbane Casting Day	Tu	Fr	Su	1
2	We	Sa	Sa	Tu	Th	Su	Tu	Fr	Мо	We	Sa	Мо	2
3	Th	Su	Su	We	Fr	Mo Fly Tying	We	Sa	Tu	Th	Su	Tu	3
4	Fr	Mo Fly Tying	Mo	Th	Sa	Tu	Th	Su	We	Fr	Mo	We	4
5	Sa	Tu	Tu	Fr	Su	We	Fr	Мо	Th	Sa	Tu	Th	5
6	Su	We	We	Sa	Mo Fly Tying	Th	Sa	Tu Film Night	Fr	Su	We	Fr	6
7	Мо	Th	Th	Su	Tu	Fr	Su	We	Sa	Mo	Th	Sa	7
8	Tu	Fr	Fr	Mo	We	Sa	Мо	Th	Su	Tu	Fr	Su	8
9	We	Sa Outing	Sa	Tu	Th	Su	Tu	Fr	Мо	We	Sa	Mo	9
10	Th	Su	Su	We	Fr	Мо	We	<b>Sa</b> Outing Home Waters	Tu	Th	Su	Tu	10
11	Fr	Мо	Мо	Th	Sa	Tu	Th	Su	We	Fr	Мо	We	11
12	Sa	Tu	Tu	Fr	Su	We	Fr	Мо	Th	Sa	Tu	Th	12
13	Su	We	We	Sa Casting Day	Мо	Th	Sa	Tu	Fr	Su	We	Fr	13
14	Мо	Th	Th	Su	Tu	Fr	Su	We	<b>Sa</b> Estuary Workshop	Mo	Th	Sa	14
15	Tu	Fr	Fr	Mo Meeting	We	Sa	Mo Meeting	Th	Su	Tu	Fr	Su	15
16	We	Sa	Sa Forster Fly Muster	Tu	Th	Su	Tu	Fr	Mo Meeting	We	Sa Outing Home Waters	Мо	16
17	Th	Su	<b>Su</b> Forster Fly Muster	We	Fr	Mo Meeting	We	Sa	Tu	Th	Su	Tu	17
18	Fr	Mo Meeting	Mo Meeting	Th	Sa	Tu	Th	Su	We	Fr	Mo Meeting	We	18
19	Sa	Tu	Tu	Fr	Su	We	Fr	Mo Meeting	Th Outing The Gorge	Sa	Tu	Th	19
20	Su	We	We	Sa	Mo Meeting	Th	Sa	Tu	Fr Outing The Gorge	Su	We	Fr	20
21	Mo	Th	Th	Su	Tu	Fr	Su	We	Sa Outing The Gorge	Mo Meeting	Th	Sa	21
22	Tu	Fr	Fr	Мо	We	Sa Outing Bluewater	Мо	Th	<b>Su</b> Outing The Gorge	Tu	Fr	Su	22
23	We	Sa	Sa	Tu	Th	<b>Su</b> Outing Bluewater	Tu	Fr Swansea Salmon	Mo	We	Sa	Мо	23
24	Th	Su	Su	We	Fr	Мо	We	Sa Swansea Salmon	Tu	Th	Su	Tu	24
25	Fr	Mo	Мо	Th	Sa Outing Home Waters	Tu	Th	<b>Su</b> Swansea Salmon	We	Fr	Мо	We	25
26	Sa	Tu	Tu	Fr	Su	We	Fr Dunmore Waters	Мо	Th	Sa Outing Dorrigo	Tu	Th	26
27	Su	We	We	Sa Outing Home Waters	Mo	Th	<b>Sa</b> Dunmore Waters	Tu	Fr	Su	We	Fr	27
28	Мо	Th	Th	Su	Tu	Fr	<b>Su</b> Dunmore Waters	We	Sa	Mo	Th	Sa	28
29	Tu		Fr	Мо	We	Sa	Мо	Th	Su	Tu	Fr	Su	29
30	We		Sa	Tu	Th	Su	Tu	Fr	Мо	We	Sa Outing Home Waters	Мо	30
31	Th		Su		Fr		We	Sa		Th		Tu	31

These people have all helped our club in one way or another. When you are looking for products and services make sure you consider them first.













#### **Membership Form**

I		DOB.	•••••					
of		(print full name)						
		treet name and number, tow		••••				
Email address				····				
Phone number		mobile						
Emergency Contact:		phone:						
( ) Adult membership	\$30	s Coast Fly Fishing Club Inc. (t  ( ) Concession membersh	nip <sup>1</sup> \$20					
( ) eMembership <sup>2</sup>	free	( ) Junior membership <sup>3</sup>	free					
- *		If paying membership after December fee holders, pension card holders (including di	•	Centr elink				
	eMembers are n	available to anyone not wanting to attend ot covered by Club Insurance. eMembers						
$^3$ Junior membership is available t	o anyone attending	primary or secondary school.						
<ul> <li>abide by the constitutio</li> <li>any photographs taken</li> <li>club website and Faceb</li> </ul>	ls circulated only t n, rules and any sa of myself or family ook Page.	o financial members of the club. Fety regulations of the club. members to be used in the club newslette. Tesletters and club announcements.	r, club promotional material	or on the				
		(signature of applicant	t)	(date)				
		(signature of legal gud	ardian if junior me	mber)				
Fees can be paid:								
<u>-</u>	at a meeting	or fly tying night. (cheques ma	ade payable to Coffs	Coast Fly				
2. <b>By cheque</b> posted to:		3. Direct d	eposit					
The Secretary Coffs Coast Fly Fi 11 Butterfly Close Boambee East		Coffs Coa	678 Number: 10333424 ast Fly Fishing Club e: Your surname	Inc				

All information supplied will be held in club records and will only be disseminated to financial club members (if approved by the applicant as indicated above)